



# The Barat Tioman

BEACH RESORT

## MENU

\*ALL PRICE SUBJECT TO 10% SERVICE CHARGE

# Breakfast ( 7am - 11am )



## 101 Big Breakfast

Comes with srambled eggs chicken sausages chicken ham, sauteed herb mushroom and onions, baked beans hash brown and toast RM30



## 102 Barat Breakfast

Comes with sunny side eggs, chicken ham side salad, baked beans & croissant RM26



## Roti Canai

Fluffy pan toasted indian bread served with dhal curry, sambal and chicken curry

103

103 Plain Roti

RM14

104 Egg Roti

RM16



## Plain Waffle

Wholesome Belgian waffle served with honey syrup, butter & jam

108

108 Plain Waffle

RM14

109 Peanut Butter Waffle

RM16

110 Banana Waffle

RM16

111 Pineapple Waffle

RM16

## Eggs & Toast



113

112 Mushroom omelette & toast

RM15

113 Cheese omelette & toast

RM15

114 Onion omelette & toast

RM15

115 Scrambled eggs & toast

RM15

116 French toast with honey

RM15

117 Half boiled eggs (2nos)

RM6

118 Plain toast (2pcs)

RM4

124 Croissant with butter & jam

RM16



**Sandwich & Fries (available 7am - 5pm)**

- 119 Club Sandwich RM26
- 120 Roast Chicken Sandwich RM22
- 121 Tuna Sandwich RM20
- 122 Cheese & Tomato Sandwich RM16
- 123 Egg Sandwich RM14



**Cereals**

- 125 Cornflakes with fresh milk RM12
- 126 Muesli with milk RM12



**127 Breakfast Nasi Lemak**

A Malaysian breakfast special of coconut rice served with fried chicken wing, sunny side egg, peanuts, anchovies and cucumber

RM22



**128 Breakfast Fried Noodle**

Yellow noodles stirfried with chicken meat shrimps and vegetables topped with sunny side egg

RM22



**129 Singapore Fried Noodles**

(available 7am - 5pm)

Fried vermicelli noodles comes with sunny side egg, chicken meat, shrimps and vegetables

RM22



**130 Maggi Mee Goreng**

(available 7am - 5pm)

Nissin style noodles stir fried with vegetables, chicken meat and topped with sunny side egg

RM16

**131 Maggi Mee Soup**

(available 7am - 5pm)

Nissin style noodles soup with vegetables, chicken meat and topped with an egg

RM16

# Starters Salads & Snacks



## The Barat Satay Boat

Choice of half doz. chicken or beef satay served with peanut sauce, onions, cucumbers & rice dumplings

202 CHICKEN (Half Doz.) RM24

203 BEEF (Half Doz.) RM24



## 204 Fried Chicken Wings

Fried chicken wings served with Thai chilli dipping sauce

RM26



## 205 Calamari Rings

Hand battered fried calamari rings served with wasabi mayo dipping Sauce

RM24



## 206 Prawn Tempura

Hand battered fried tempura prawns served with wasabi mayo dipping sauce

RM26



## 207 Fried Vegetarian Spring Rolls

Served with thai chilli dipping Sauce

RM15



**208 Fried Mini Curry Samosas**

Vegetarian mini curry samosas served with thai chilli dipping Sauce

RM16

**209 Chicken Nugget**

Served with thai chill dipping sauce

RM16



**210 Popcorn Chicken**

Battered and fried boneless chicken cubes served with french fries & mayonaise

RM22

**212 Garlic Bread Basket**

Yes.... It's Garlic Bread

Rm12

**Salads**



**214 The Barat House Salad**

The classic salad served with balsamic vinegerate or 1000 island dressing

RM22

**215 Grilled Chicken Salad**

Tender and juicy strips of chicken served on a garden salad and topped with 1000 island dressing

RM26

**Side Selection**



217 Mushroom Soup

RM14

218 Tomato Soup

RM14

219 French Fries

RM14

220 Potato Wedges

RM16

221 Coleslaw

RM14

222 Mashed Potato

RM14

223 Jacket Potato

RM14

224 Grilled Vegetables

RM16



WE RESERVE THE RIGHT TO REPLACE ITEMS DUE TO NON AVAILABILITY OF STOCK /

\*ALL PICS ARE FOR ILLUSTRATION PURPOSES ONLY \*ALL PRICE SUBJECT TO 10% SERVICE CHARGE

# Western



## The Barat Burger

Choice of a juicy, beef or chicken patty that comes with cheese, lettuce, sunny side egg, tomatoes in a large sesame burger bun & served with a side of french fries

301 BEEF BURGER RM30

302 CHICKEN BURGER RM30



## 303 Oriental Chicken Chop

Deep fried chicken in batter served with choice of black pepper or mushroom sauce comes with french fries & coleslaw

RM30



## 304 Chefs Roast Chicken

Quarter herb roasted chicken served with french fries, side salad and brown gravy

RM32



## 305 Grilled Chicken

Chargrilled chicken served with choice of black pepper or mushroom sauce comes with french fries & side salad

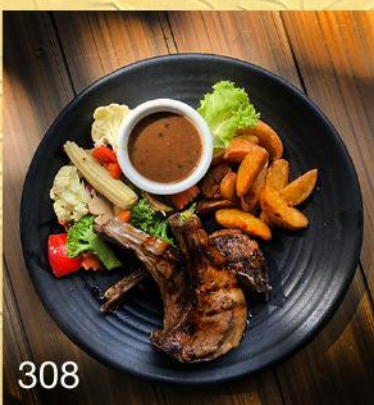
RM30



## 306 Fish & Chips

Deep fried dory fillet served with french fries, side salad & tartare sauce

RM30



## 307 Rib Eye Steak

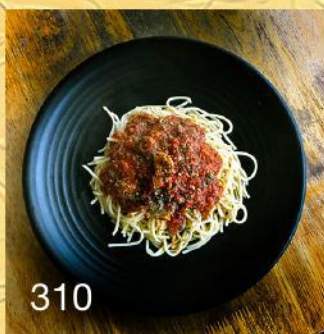
200gm of choice Australian rib eye done to your likeness served with grilled Vegetables and fries

RM108

## 308 Roast Lamb Chops

Slow roasted rosemary rack of lamb served with grilled vegetables and french fries

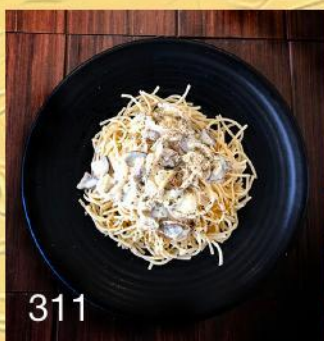
RM88



**309 Tomato Pasta**

A basic dish of spaghetti & tomato basil sauce

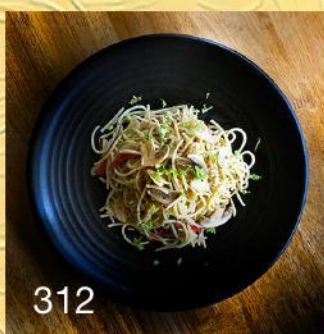
RM18



**310 Spaghetti Bolognese**

Our classic chicken bolognese with mushrooms herbs and spices topped with parmesan cheese

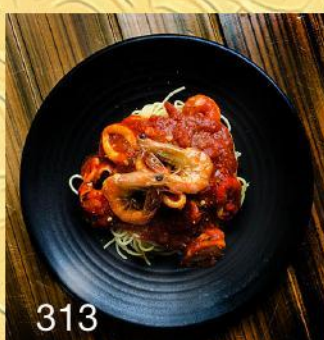
RM26



**311 Carbonara**

Spaghetti sauteed in cream sauce & chicken ham topped with parmesan cheese

RM26



**312 Aglio Olio**

Spaghetti sauteed with parsley, garlic, chilli flakes & mushrooms in olive oil

RM22

**313 Seafood Marinara**

Spaghetti sauteed with fresh prawns, squid & mussels in our homemade marinara sauce

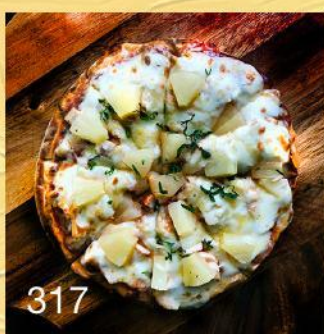
RM38



**314 Barat Prawn Pasta**

Our chefs special prawn & salted egg yolk creamy pasta sauteed with curry leaves & birds eye chilli

RM38



**315 Seafood Aglio Olio**

Spaghetti sauteed with prawns, squid & mussels parsley, garlic, chilli flakes & mushrooms in olive oil

RM38

**Pizza Selection**



316 10" Margherita Pizza

RM28



317 10" Hawaiian Chicken Pizza

RM30

318 10" Beef Pepperoni Pizza

RM32

319 10" Tuna Pizza

RM32

320 10" Seafood Pizza

RM38

# Local Favourites



## 401 Barat Nasi Lemak Platter

A Malaysian all time favourite of aromatic rice served with a whole chicken leg deep fried with herbs n spices, sambal, anchovies, peanuts, cucumber and topped with a sunny side egg with a side of prawn crackers

RM38



## 402 Chicken Rice Platter

Chinese style chicken rice comes with a deep fried whole leg with herbs and spices served with aromatic chicken rice, chilli sauce, strips of ginger black sauce, chicken soup and cucumbers

RM38



## 403 The Barat Fried Rice

Shrimp paste fried rice served with chicken satay, fried chicken wing, sunny side egg & prawn crackers

RM32



## 404 Pulau Seafood Fried Rice

Seafood fried rice with prawns, squid, slices of fish and mussels topped with sunny side egg

RM36



405

#### 405 Kampung Fried Rice

Malay style fried rice served with sunny side egg, anchovies, fried chicken and crackers

RM26



406

#### 406 Yong Chow Fried Rice

A classic chinese style fried rice cooked with chicken & mixed vegetables

RM16



407

#### 407 Mee Mamak Noodle

Indian style stir fried yellow noodle with chilli paste, vegetables, chicken, shrimps & squid rings

RM26



408

#### 408 Cantonese Noodle

Braised Flat Noodles with vegetables, chicken, shrimps & squid in cantonese style egg gravy

RM26



409

#### 409 Sizzling Yee Mee

Crispy egg noodles served on a sizzling hot plate topped with gravy vegetables, prawns, chicken and squid

RM26

#### 411 Siam Noodle

Siamese style stir fried rice vermicelli served with tofu bits, shrimps, sambal, lime & sunny side egg

RM26



412

#### 410 Tom Yam Noodles

Vermicelli noodles with prawn, squid, chicken and vegetables in a aromatic tom yam broth

RM26

#### 412 Chicken Noodle Soup

Flat noodles served with chicken soup and served with vegetables, prawns and slices of chicken

RM26

# Asian Ala Carte



## DORY FISH FILLET DISHES

### Sweet and Sour Fish

501- S RM22      502- M RM38      503- L RM58

### Creamy Butter Fish

504- S RM22      505- M RM38      506- L RM58

### Ginger Soy Sauce Fish

507- S RM22      508- M RM38      509- L RM58

## CHICKEN

### Sweet & Sour Chicken

Chicken sauteed with sweet and sour sauce onions, cucumber, tomatoes and green pepper

510- S RM22      511- M RM38      512- L RM58

### Ginger Chicken

Chicken cubes sauteed with ginger gravy and spring onions

519- S RM22      520- M RM38      521- L RM58

### Creamy Butter Chicken

Chicken cubes sauteed in an aromatic creamy butter sauce with curry leaves

513- S RM22      514- M RM38      515- L RM58

### Szechuan Style Chicken

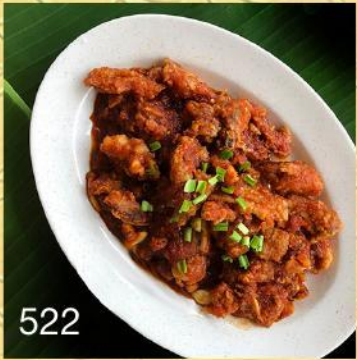
Chicken cubes sauteed with szechuan sauce, dried chilli onions, green peppers, ginger and cashew nuts

516- S RM22      517- M RM38      518- L RM58

### Sambal Chicken

Chicken cubes fried in our special spicy sambal sauce

522- S RM22      523- M RM38      524- L RM58



## PRAWN

### Creamy Butter Prawn

Deep fried prawns sauteed in an aromatic creamy butter sauce with curry leaves

525- S RM48      526- M RM78      527- L RM98

### Sambal Prawn

Prawns fried in our special spicy sambal sauce

534- S RM48      535- M RM78      536- L RM98

### Sweet & Sour Prawn

Sweet and sour sauce sauteed with deep fried crispy prawns, onions, cucumber, tomatoes and green peppers

531- S RM48      532- M RM78      533- L RM98

### Thai Chilli Basil Prawn

Stir fried prawns with thai chilli paste and basil leaves

528- S RM48      529- M RM78      530- L RM98



## SQUID

### Szechuan Style Squid

Squid slices sauteed with szechuan sauce, dried chilli onions, green peppers, ginger and cashew nuts

537- S RM24      538- M RM48      539- L RM68

### Sambal Squid

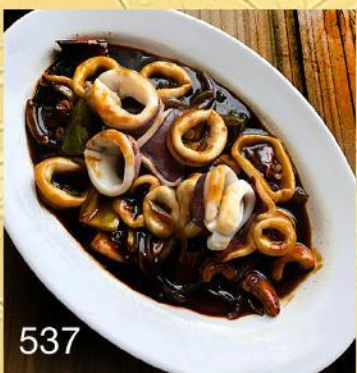
Squid slices sauteed with a traditional malay sambal (chilly n spice paste) and vegetables

540- S RM24      541- M RM48      542- L RM68

### Garlic & Ginger Squid

Squid slices sauteed with garlic and ginger sauce

543- S RM24      544- M RM48      545- L RM68





## BEEF

### Black Pepper Beef

Slices of beef braised in our sarawak black pepper gravy

552- S RM24      553- M RM48      554- L RM68



### Ginger Beef

Beef slices sauteed with ginger gravy and spring onions

546- S RM24      547- M RM48      548- L RM68



### Thai Chilli Basil Beef

Beef slices sauteed with Thai chilli herbs and spices

549- S RM24      550- M RM48      551- L RM68



## VEGETABLE

### Stir Fried Mixed Vegetables

555- S RM18      556- M RM28      557- L RM38

### Kangkung Belacan

Stir fried water spinach in shrimp paste with chilli and onions

558- S RM18      559- M RM28      560- L RM38

### Spinach Garlic Stir Fry

561- S RM18      562- M RM28      563- L RM38

### Pak Choy with Oyster Sauce

564- S RM18      565- M RM28      566- L RM38



### Fried Cabbage with egg and dry chilli

567- S RM18      568- M RM28      569- L RM38



## SOUP

### Tom Yam Seafood Soup

570- S RM18      571- M RM36      572- RM 54

### Chinese Seaweed Soup

573- S RM16      574- M RM26      575- RM 32

### Chicken Vegetable Soup

576- S RM16      577- M RM26      578- RM 32



## EGG & TOFU

### Onion and mushroom omelette

579- S RM18      580- M RM32

### Prawn and Tomato omelette

581- S RM24      582- M RM38

### Plain Omelette

583- S RM16      584- M RM28



### Sizzling Japanese tofu with mix vegetables

585- S RM18      586- M RM32

### Japanese tofu with minced chicken gravy

587- S RM18      588- M RM32

589 **White Rice RM3 per bowl**

# Vegetarian Selection



- 701 **Vegetarian fried rice**  
- Mushroom, vegetables & mock prawns Rm22
- 702 **Vegetarian Cantonese noodle**  
- Mushroom, vegetables & mock prawns Rm22
- 703 **Vegetarian Singapore noodle**  
- Mushroom, vegetables & mock prawns Rm22
- 704 **Vegetarian noodle soup**  
- Mushroom, vegetables & mock prawns Rm22
- 705 **Vegetarian Clear Tom yam noodles**  
- Mushroom, vegetables & mock prawns Rm22
- 706 **Vegetarian burger**  
- Vegetarian patty, cheese, egg, lettuce & tomatoes Rm26
- 707 **Vegetarian pasta**  
- Mushroom, vegetables & mock prawns done in either Aglio olio or Marinara Style Rm24

**\* Kindly inform our servers regarding preference for egg, garlic or onions when ordering, thank you**

# Beverages



## FRESH FRUIT JUICES

	ICE	W/O ICE
Orange	801 RM16	802 RM18
Watermelon	803 RM16	804 RM18
Fresh Lime	809 RM16	810 RM18
Pineapple	811 RM16	812 RM18
Apple	815 RM16	816 RM18
Coconut		817 RM12

## SOFT DRINKS

850 Coke	7
851 Diet Coke	7
852 Sprite	7
853 100 Plus	7
854 Tonic Water	7
855 Soda Water	7
856 Bottled Water 500ml	3
857 Bottled Water 1.5 litre	8
858 A Glass of Water	1
859 A Bucket of Ice	8

## LOCAL BEVERAGES

	HOT	COLD
Coffee O	818 RM7	819 RM8
Coffee	820 RM7	821 RM8
Teh Tarik	822 RM7	823 RM8
Teh O	824 RM7	825 RM8
Nescafe O	826 RM7	827 RM8
Nescafe	828 RM9	829 RM10
Milo (choc malt)	830 RM9	831 RM10
Lemon Tea	832 RM9	833 RM10
Milk	834 RM7	835 RM8

## BEERS

865 Carlsberg per can	10
866 Tiger per can	10
867 Chang Beer per can	10
868 Heineken per can	12
869 Guinness Stout per can	14
870 Somersby per btl	18
871 Corona per btl	18
872 Hoegarden per btl	18
873 Gin per gls	20
874 Tequila per gls	20
875 Whiskey per gls	20
876 Rum per gls	20
877 Vodka per gls	20
878 Brandy per gls	20

## BREWED COFFEE

836 Grande Intenso	14
837 Caffe Latte	18
838 Cappuccino	18
839 Espresso	14

## SMOOTHIES

841 Mango	14
842 Coconut	14
844 Matcha	14
845 Oreo Ice Blended	16

## CHINESE TEA

846 Ti Kuan Yin	8
847 Green Tea	8
848 Pu Er Tea	8
849 Oolong Tea	8

## Red Wine

879 - Rm25 gls	880 - Rm138 btl
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## White Wine

881 - Rm25 gls	882 - Rm138 btl
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## CORKAGE

883 Beer per can	3
884 Liquor per btl excluding mixer	80

## DESSERT

885 Chocolate Cake	14
886 Banana Split	20
887 Chocolate Sundae	20
888 Fruit Platter	20
889 Ice Cream per scoop	5

# Voucher Package Set Meals

## Breakfast Set ( 7:00am - 11:00am )



### 601 CHEESE OMELETTE & TOAST

Coffee Or Tea  
Orange Cordial Or Rose Syrup  
Mini Fruit Platter



### 602 BELGIAN WAFFLE SET

Coffee Or Tea  
Orange Cordial Or Rose Syrup  
Mini Fruit Platter



### 603 ROTI CANAI SET

Coffee Or Tea  
Orange Cordial Or Rose Syrup  
Mini Fruit Platter



### 604 BREAKFAST FRIED NOODLES

Coffee Or Tea  
Orange Cordial Or Rose Syrup  
Mini Fruit Platter



### 605 BARAT BREAKFAST

Coffee Or Tea  
Orange Cordial Or Rose Syrup  
Mini Fruit Platter

## Lunch Set ( 11:00am - 5:00pm )



### 611 ORIENTAL CHICKEN CHOP SET

Mini Salad Bowl  
Smoothie  
Ice Cream Scoop Or Pudding



### 612 SPAGHETTI BOLOGNESE SET

Mini Salad Bowl  
Smoothie  
Ice Cream Scoop Or Pudding



### 613 FISH AND CHIPS SET

Mini Salad Bowl  
Smoothie  
Ice Cream Scoop Or Pudding



### 614 BARAT FRIED RICE SET

Mini Salad Bowl  
Smoothie  
Ice Cream Scoop Or Pudding



### 615 CANTONESE NOODLES SET

Mini Salad Bowl  
Smoothie  
Ice Cream Scoop Or Pudding

## Dinner Set ( 6:00pm - 10:00pm )



### 621 BARAT BURGER SET

Mushroom Soup  
Ice Coffee / Ice Tea Or Soft Drink  
Chocolate Cake



### 622 SEAFOOD MARINARA SET

Mushroom Soup  
Ice Coffee / Ice Tea Or Soft Drink  
Chocolate Cake



### 623 BARAT NASI LEMAK PLATTER SET

Mushroom Soup  
Ice Coffee / Ice Tea Or Soft Drink  
Chocolate Cake



### 624 CHICKEN RICE PLATTER SET

Mushroom Soup  
Ice Coffee / Ice Tea Or Soft Drink  
Chocolate Cake



### 625 SEAFOOD FRIED RICE SET

Mushroom Soup  
Ice Coffee / Ice Tea Or Soft Drink  
Chocolate Cake

## BBQ Set ( 7:00pm - 9:30pm ) ( Pre-order before 5pm required )



### 631 BBQ PLATTER SET

**Comes With Rice  
Salad, Fish, Prawn  
Squid, Chicken Wing,  
Lamb & Dipping Sauces**

Mushroom Soup

Ice Coffee / Ice Tea Or  
Soft Drink

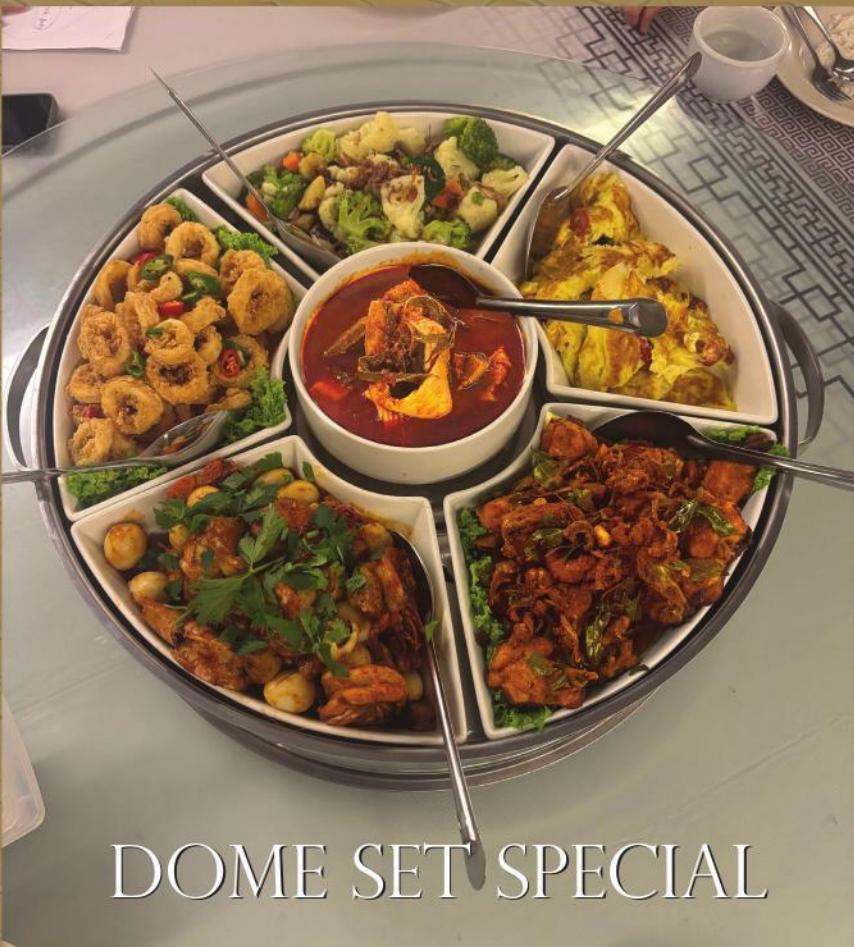
Chocolate Cake Or  
Ice Cream Scoop

**KINDLY CHECK WITH OUR SERVERS REGARDING OUR  
BBQ STATION (opens daily from 7pm to 9.30pm )**



THE BARAT

BEACH RESORT



## DOMESTIC SPECIAL

### TRADITIONAL MALAY CUISINE

An assorted offering of traditional malay dishes served on a dome set for a grand dinner experience with your loved ones

RM240++ for 4pax  
Additional pax RM60++ per pax

\*PICTURES ARE FOR ILLUSTRATION PURPOSES ONLY \* ADVANCE ORDER ONE DAY AHEAD REQUIRED  
\*ALL PRICE SUBJECT TO 10% SERVICE CHARGE



THE BARAT

BEACH RESORT



## BRIYANI SET SPECIAL

Briyani rice, Ayam Goreng Rempah, Hard Boiled Eggs  
Raita (salad), Papadoms with:

Tender Beef Curry or Fish Curry RM240++ for 4pax  
Additional pax RM60++ per pax



THE BARAT

BEACH RESORT



## BBQ SET SPECIAL

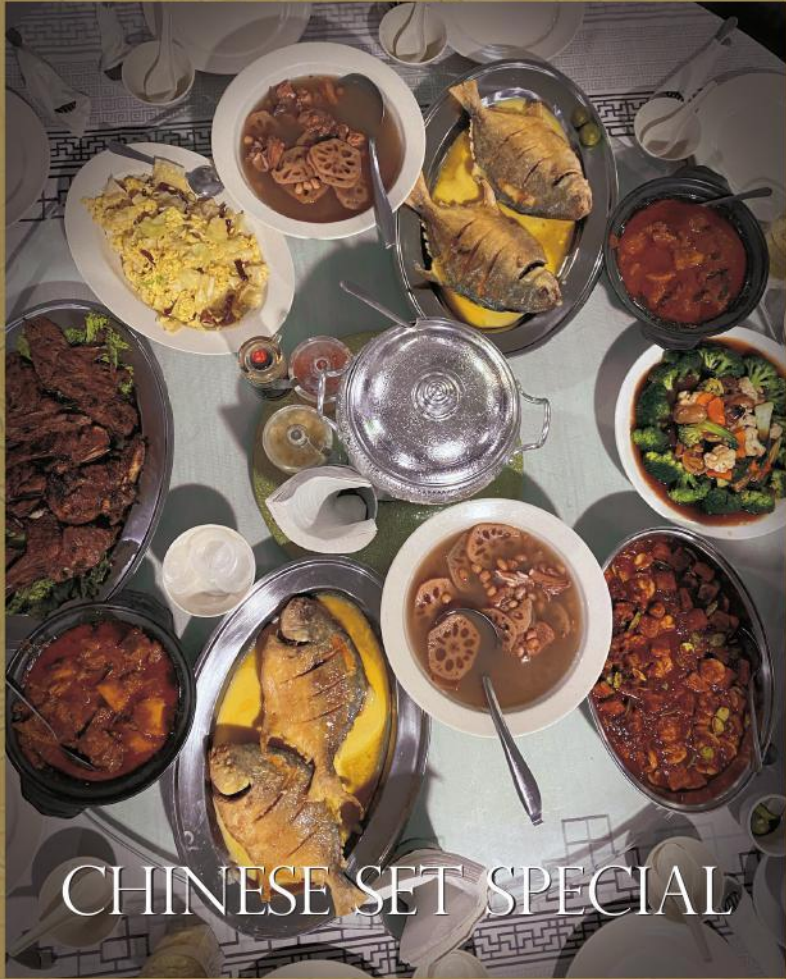
Complete your holiday with our scrumptious BBQ set dinner where there's something for everybody

RM280++ for 4pax  
Additional pax RM80++ per pax

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THE BARAT  
BEACH RESORT



TRADITIONAL CHINESE CUISINE

An assorted offering of traditional chinese dishes  
for a memorable dinner experience with your loved ones

RM240++ for 4pax  
Additional pax RM60++ per pax

Please Leave us a review on



Thank you & hope to see you again!

Please Leave us a review on



Thank you & hope to see you again!

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