



The Barat Tioman

BEACH RESORT

MENU



Breakfast (7am - 11am)



101 Big Breakfast

Comes with scrambled eggs chicken sausages chicken ham, sauteed herb mushroom and onions, baked beans hash brown and toast

RM30



102 Barat Breakfast

Comes with sunny side eggs, chicken ham side salad, baked beans & croissant

RM26



Roti Canai

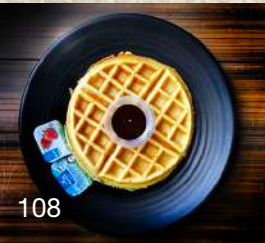
Fluffy pan toasted indian bread served with dhal curry, sambal and chicken curry

103 Plain Roti

RM14

104 Egg Roti

RM16



Plain Waffle

Wholesome Belgian waffle served with honey syrup, butter & jam

108 Plain Waffle

RM14

109 Peanut Butter Waffle

RM16

110 Banana Waffle

RM16

111 Pineapple Waffle

RM16



Eggs & Toast

112 Mushroom omelette & toast

RM15

113 Cheese omelette & toast

RM15

114 Onion omelette & toast

RM15

115 Scrambled eggs & toast

RM15

116 French toast with honey

RM15

117 Half boiled eggs (2nos)

RM6

118 Plain toast (2pcs)

RM4

124 Croissant with butter & jam

RM16



Sandwich & Fries (available 7am - 5pm)

119	Club sandwich	RM26
120	Roast Chicken sandwich	RM22
121	Tuna sandwich	RM20
122	Cheese & Tomato sandwich	RM16
123	Egg sandwich	RM14



Cereals

125	Cornflakes with fresh milk	RM12
126	Muesli with milk	RM12



127 Breakfast Nasi Lemak

A Malaysian breakfast special of coconut rice served with fried chicken wing, sunny side egg, peanuts, anchovies and cucumber

RM22



128 Breakfast Fried Noodle

Yellow noodles stirfried with sunny side egg, chicken meat, shrimps and vegetables

RM22



129 Singapore Fried Noodles

Fried vermicelli noodles comes with sunny side egg, chicken meat, shrimps and vegetables

RM22



130 Maggi Mee Goreng

Nissin style noodles stir fried with vegetables, chicken meat and topped with sunny side egg

RM16

131 Maggi Mee Soup

Nissin style noodles soup with vegetables, chicken meat and topped with an egg

RM16

Starters Salads & Snacks



The Barat Satay Boat

Choice of half doz. chicken or beef satay served with peanut sauce, onions, cucumbers & rice dumplings

202 CHICKEN (Half Doz.) RM24

203 BEEF (Half Doz.) RM24



204 Fried Chicken Wings

Fried chicken wings served with Thai chilli dipping sauce

RM26



205 Calamari Rings

Hand battered fried calamari rings served with wasabi mayo dipping Sauce

RM24



206 Prawn Tempura

Hand battered fried tempura prawns served with wasabi mayo dipping sauce

RM26



207 Fried Vegetarian Spring Rolls

Served with thai chilli dipping Sauce

RM15



208 Fried Mini Curry Samosas

Vegetarian mini curry samosas served with thai chilli dipping Sauce

RM16

209 Chicken Nugget

Served with thai chilli dipping sauce

RM16

210 Popcorn Chicken

Battered and fried boneless chicken cubes served with french fries & mayonaise

RM22



212 Garlic Bread Basket

Yes.... It's Garlic Bread

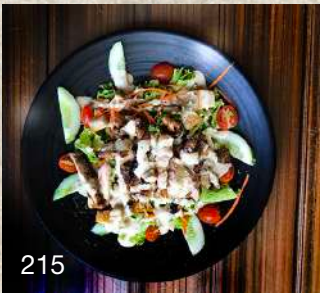
Rm12

Salads

214 The Barat House Salad

The classic salad served with balsamic vinegerate or 1000 island dressing

RM22



215 Grilled Chicken Salad

Tender and juicy strips of chicken served on a garden salad and topped with 1000 island dressing

RM26

Side Selection



217 Mushroom Soup

RM14

218 Tomato Soup

RM14

219 French Fries

RM14

220 Potato Wedges

RM16

221 Coleslaw

RM14

222 Mashed Potato

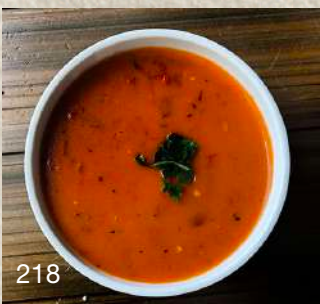
RM14

223 Jacket Potato

RM14

224 Grilled Vegetables

RM16



Western



The Barat Burger

Choice of a juicy, beef or chicken patty that comes with cheese, lettuce, sunny side egg, tomatoes in a large sesame burger bun & served with a side of french fries

301 BEEF BURGER RM30

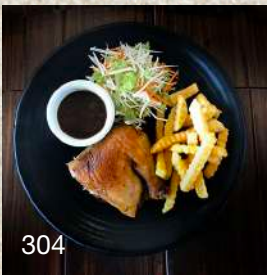
302 CHICKEN BURGER RM30



303 Oriental Chicken Chop

Deep fried chicken in batter served with choice of black pepper or mushroom sauce comes with french fries & coleslaw

RM30



304 Chefs Roast Chicken

Quarter herb roasted chicken served with french fries, side salad and brown gravy

RM32



305 Grilled Chicken

Chargrilled chicken served with choice of black pepper or mushroom sauce comes with french fries & side salad

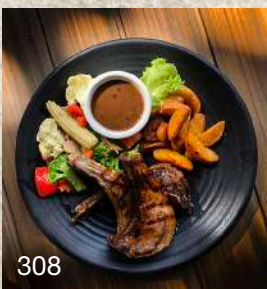
RM30



306 Fish & Chips

Deep fried catch of the day served with french fries, side salad & tartare sauce

RM30



307 Rib Eye Steak

200gm of choice Australian rib eye done to your likeness served with grilled Vegetables and fries

RM108

308 Roast Lamb Chops

Slow roasted rosemary rack of lamb served with grilled vegetables and french fries

RM88



309 Tomato Pasta

A basic dish of spaghetti & tomato basil sauce

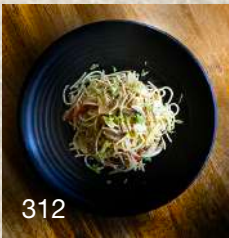
RM18



310 Spaghetti Bolognese

Our classic beef bolognese with mushrooms herbs and spices topped with parmesan cheese

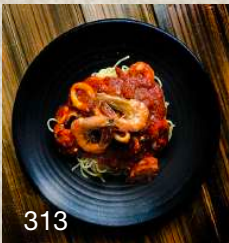
RM26



311 Carbonara

Spaghetti sauteed in cream sauce & beef salami topped with parmesan cheese

RM26



312 Aglio Olio

Spaghetti sauteed with parsley, garlic, chilli flakes & mushrooms in olive oil

RM22



313 Seafood Marinara

Spaghetti sauteed with fresh prawns, squid & mussels in our homemade marinara sauce

RM38



314 Barat Prawn Pasta

Our chefs special prawn & salted egg yolk creamy pasta sauteed with curry leaves & birds eye chilli

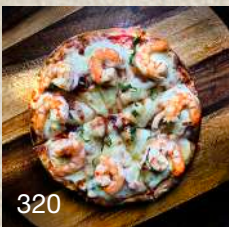
RM38



315 Seafood Aglio Olio

Spaghetti sauteed with prawns, squid & mussels parsley, garlic, chilli flakes & mushrooms in olive oil

RM38



Pizza Selection

316 10" Magheritta Pizza

RM28

317 10" Hawaiian Chicken Pizza

RM30

318 10" Beef Pepperoni Pizza

RM32

319 10" Tuna Pizza

RM32

320 10" Seafood Pizza

RM38

*ALL PRICE SUBJECT TO 10% SERVICE CHARGE

Local Favourites



401 Barat Nasi Lemak Platter

A Malaysian all time favourite of aromatic rice served with a whole chicken leg deep fried with herbs n spices, sambal, anchovies, peanuts, cucumber and topped with a sunny side egg with a side of prawn crackers

RM38



402

402 Chicken Rice Platter

Chinese style chicken rice comes with a roasted whole leg served with aromatic chicken rice, chilli sauce, strips of ginger black sauce, chicken soup and cucumbers

RM38



403

403 The Barat Fried Rice

Shrimp paste fried rice served with chicken satay, fried chicken wing, sunny side egg & prawn crackers

RM32



404

404 Pulau Seafood Fried Rice

Seafood fried rice with prawns, squid, slices of fish and mussels topped with sunny side egg

RM36



405

405 Kampung Fried Rice

Malay style fried rice served with sunny side egg, anchovies, fried chicken and crackers

RM26



406

406 Yong Chow Fried Rice

A classic chinese style fried rice cooked with chicken & mixed vegetables

RM16



407

407 Mee Mamak Noodle

Indian style stir fried yellow noodle with chilli paste, vegetables, chicken, shrimps & squid rings

RM26



408

408 Cantonese Noodle

Braised Flat Noodles with vegetables, chicken, shrimps & squid in cantonese style egg gravy

RM26



409

409 Sizzling Yee Mee

Crispy egg noodles served on a sizzling hot plate topped with gravy vegetables, prawns, chicken and squid

RM26



412

410 Tom Yam Noodles

Vermicelli noodles with prawn, squid, chicken and vegetables in a aromatic tom yam broth

RM26

412 Chicken Noodle Soup

Flat noodles served with chicken soup and served with vegetables, prawns and slices of chicken

RM26

Asian Ala Carte



DORY FISH FILLET DISHES

Sweet and Sour Fish	501- S RM22	502- M RM38	503- L RM58
Creamy Butter Fish	504- S RM22	505- M RM38	506- L RM58
Ginger Soy Sauce Fish	507- S RM22	508- M RM38	509- L RM58

CHICKEN

Sweet & Sour Chicken

Chicken sauteed with sweet and sour sauce
onions, cucumber, tomatoes and green pepper
510- S RM22 511- M RM38 512- L RM58

Ginger Chicken

Chicken cubes sauteed with ginger gravy and spring onions
519- S RM22 520- M RM38 521- L RM58

Creamy Butter Chicken

Chicken cubes sauteed in a aromatic creamy butter
sauce with curry leaves
513- S RM22 514- M RM38 515- L RM58

Sechuan Style Chicken

Chicken cubes sauteed with sechuan sauce, dried chilli
onions, green peppers, ginger and cashewnuts
516- S RM22 517- M RM38 518- L RM58

Sambal Chicken

Chicken cubes fried in our special spicy sambal sauce
522- S RM22 523- M RM38 524- L RM58



PRAWN

Creamy Butter Prawn

Deep fried prawns sauteed in a aromatic creamy butter
sauce with curry leaves
525- S RM48 526- M RM78 527- L RM98

Sambal Prawn

Prawns fried in our special spicy sambal sauce
534- S RM48 535- M RM78 536- L RM98

Sweet & Sour Prawn

Sweet and sour sauce sauteed with deep fried crispy
prawns, onions, cucumber, tomatoes and green peppers
531- S RM48 532- M RM78 533- L RM98

Thai Chilli Basil Prawn

Stir fried prawns with thai chilli paste and basil leaves
528- S RM48 529- M RM78 530- L RM98



SQUID

Sechuan Style Squid

Squid slices sauteed with sechuan sauce, dried chilli
onions, green peppers, ginger and cashewnuts
537- S RM24 538- M RM48 539- L RM68

Sambal Squid

Squid slices sauteed with a tradisional malay
sambal (chilly n spice paste) and vegetables
540- S RM24 541- M RM48 542- L RM68





Garlic & Ginger Squid

Squid slices sautéed with garlic and ginger sauce
543- S RM24 544- M RM48 545- L RM68

BEEF

Black Pepper Beef

Slices of beef braised in our sarawak black pepper gravy
552- S RM24 553- M RM48 554- L RM68

Ginger Beef

Beef slices sautéed with ginger gravy and spring onions
546- S RM24 547- M RM48 548- L RM68

Thai Chilli Basil Beef

Beef slices sautéed with Thai chilli herbs and spices
549- S RM24 550- M RM48 551- L RM68

VEGETABLE

Stir Fried Mixed Vegetables

555- S RM18 556- M RM28 557- L RM38

Kangkung Belacan

Stir fried water spinach in shrimp paste with chilli and onions
558- S RM18 559- M RM28 560- L RM38

Spinach Garlic Stir Fry

561- S RM18 562- M RM28 563- L RM38

Pak Choy with Oyster Sauce

564- S RM18 565- M RM28 566- L RM38

Fried Cabbage with egg and dry chilli

567- S RM18 568- M RM28 569- L RM38

SOUP

Tom Yam Seafood Soup

570- S RM18 571- M RM36 572- RM 54

Chinese Seaweed Soup

573- S RM16 574- M RM26 575- RM 32

Chicken Vegetable Soup

576- S RM16 577- M RM26 578- RM 32

EGG & TOFU

Onion and mushroom omelette

579- S RM18 580- M RM32

Prawn and Tomato omelette

581- S RM24 582- M RM38

Plain Omelette

583- S RM16 584- M RM28

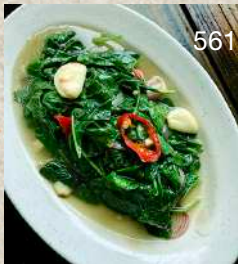
Sizzling Japanese tofu with mix vegetables

585- S RM18 586- M RM32

Japanese tofu with minced chicken gravy

587- S RM18 588- M RM32

589 **White Rice RM3 per bowl**



*ALL PRICE SUBJECT TO 10% SERVICE CHARGE

Vegetarian Selection



- | | | |
|-----|--|------|
| 701 | Vegetarian fried rice - Mushroom, vegetables & mock prawns | Rm22 |
| 702 | Vegetarian Cantonese noodle - Mushroom, vegetables & mock prawns | Rm22 |
| 703 | Vegetarian Singapore noodle - Mushroom, vegetables & mock prawns | Rm22 |
| 704 | Vegetarian noodle soup - Mushroom, vegetables & mock prawns | Rm22 |
| 705 | Vegetarian Clear Tom yam noodles - Mushroom, vegetables & mock prawns | Rm22 |
| 706 | Vegetarian burger - Vegetarian patty, cheese, egg, lettuce & tomatoes | Rm26 |
| 707 | Vegetarian pasta - Mushroom, vegetables & mock prawns done in either Aglio olio or Marinara Style | Rm24 |

* Kindly inform our servers regarding preference for egg, garlic or onions when ordering, thank you

Beverages



FRESH FRUIT JUICES

	ICE	W/O ICE
Orange	801 RM16	802 RM18
Watermelon	803 RM16	804 RM18
Carrot	807 RM16	808 RM18
Fresh Lime	809 RM16	810 RM18
Pineapple	811 RM16	812 RM18
Mango	813 RM16	814 RM18
Apple	815 RM16	816 RM18

SOFT DRINKS

850 Coke	7
851 Diet Coke	7
852 Sprite	7
853 100 Plus	7
854 Tonic Water	7
855 Soda Water	7
856 Bottled Water 500ml	3
857 Bottled Water 1.5 litre	8
858 A Glass of Water	1
859 A Bucket of Ice	8

LOCAL BEVERAGES

	HOT	COLD
Coffee O	818 RM7	819 RM8
Coffee	820 RM7	821 RM8
Teh Tarik	822 RM7	823 RM8
Teh O	824 RM7	825 RM8
Nescafe O	826 RM7	827 RM8
Nescafe	828 RM9	829 RM10
Milo (choc malt)	830 RM9	831 RM10
Lemon Tea	832 RM9	833 RM10
Milk	834 RM7	835 RM8

BEERS

865 Carlsberg per can	10
866 Tiger per can	10
867 Chang Beer per can	10
868 Heineken per can	12
869 Guinness Stout per can	14
870 Somersby per btl	18
871 Corona per btl	18
872 Hoegarden per btl	18
873 Gin per gls	20
874 Tequila per gls	20
875 Whiskey per gls	20
876 Rum per gls	20
877 Vodka per gls	20
878 Brandy per gls	20

BREWED COFFEE

836 Grande Intenso	14
837 Caffè Latte	18
838 Cappuccino	18
839 Espresso	14

Red Wine 879 - Rm25 gls 880 - Rm138 btl
White Wine 881- Rm25 gls 882 - Rm138 btl

SMOOTHIES

841 Mango	14
842 Coconut	14
844 Matcha	14
845 Oreo Ice Blended	16

CORKAGE

883 Beer per can	3
884 Liquor per btl excluding mixer	80

CHINESE TEA

846 Ti Kuan Yin	8
847 Green Tea	8
848 Pu Er Tea	8
849 Oolong Tea	8

DESSERT

885 Chocolate Cake	14
886 Banana Split	20
887 Chocolate Sundae	20
888 Fruit Platter	20
889 Ice Cream per scoop	5

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Voucher Package Set Meals

Breakfast Set (7:00am - 11:00am)



601 CHEESE OMELETTE & TOAST

COFFEE or TEA
ORANGE CORDIAL or ROSE SYRUP
MINI FRUIT PLATTER

602 BELGIAN WAFFLE SET

COFFEE or TEA
ORANGE CORDIAL or ROSE SYRUP
MINI FRUIT PLATTER

603 ROTI CANAI SET

COFFEE or TEA
ORANGE CORDIAL or ROSE SYRUP
MINI FRUIT PLATTER

604 BREAKFAST FRIED NOODLES

COFFEE or TEA
ORANGE CORDIAL or ROSE SYRUP
MINI FRUIT PLATTER

Lunch Set (11:00am - 5:00pm)



605 ORIENTAL CHICKEN CHOP SET

MINI SALAD BOWL
SMOOTHIE
ICE CREAM SCOOP or PUDDING

606 SPAGHETTI BOLOGNESE SET

MINI SALAD BOWL
SMOOTHIE
ICE CREAM SCOOP or PUDDING

607 FISH AND CHIPS SET

MINI SALAD BOWL
SMOOTHIE
ICE CREAM SCOOP or PUDDING

608 SEAFOOD FRIED RICE SET

MINI SALAD BOWL
SMOOTHIE
ICE CREAM SCOOP or PUDDING

609 CANTONESE NOODLES SET

MINI SALAD BOWL
SMOOTHIE
ICE CREAM SCOOP or PUDDING

Dinner Set (6:00pm - 10:00pm)



610 BARAT BURGER SET

MUSHROOM SOUP
ICE COFFEE / ICE TEA or SOFT DRINK
CHOCOLATE CAKE



611 SEAFOOD MARINARA SET

MUSHROOM SOUP
ICE COFFEE / ICE TEA or SOFT DRINK
CHOCOLATE CAKE



612 BARAT NASI LEMAK PLATTER SET

MUSHROOM SOUP
ICE COFFEE / ICE TEA or SOFT DRINK
CHOCOLATE CAKE



613 CHICKEN RICE PLATTER SET

MUSHROOM SOUP
ICE COFFEE / ICE TEA or SOFT DRINK
CHOCOLATE CAKE

BBQ Set (Pre-order required - 7:00pm - 9:30pm)



614 BBQ PLATTER SET

Comes with rice, salad, fish, prawn, squid, chicken wing & dipping sauces

MUSHROOM SOUP
ICE COFFEE / ICE TEA or SOFT DRINK
CHOCOLATE CAKE or ICE CREAM SCOOP

**KINDLY CHECK WITH OUR SERVERS REGARDING OUR
BBQ STATION (opens daily from 7pm to 9.30pm)**



The Barat Perhentian

BEACH RESORT



baratperhentian the barat perhentian beach resort



tripadvisor



Barat Perhentian Sdn Bhd

(1112846-D)

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The Barat Tioman

BEACH RESORT



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tripadvisor



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The Barat

BEACH RESORT

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