



The Barat Tioman

BEACH RESORT

MENU



Breakfast (7am - 11am)



101

101 Big Breakfast

Comes with scrambled eggs chicken sausages chicken ham, sauteed herb mushroom and onions, baked beans hash brown and 2 slices of toast

RM28



102

102 Barat Breakfast

Comes with sunny side eggs, chicken ham side salad, baked beans & croissant

RM24



103

103 Roti Canai

Fluffy pan toasted indian bread served with dhal curry, sambal and chicken curry

103 Plain Roti
104 Egg Roti

RM12
RM14



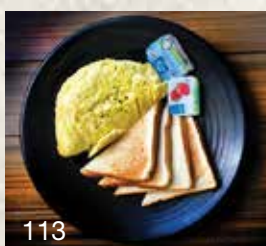
108

108 Plain Waffle

Wholesome Belgian waffle served with honey syrup, butter & jam

108 Plain Waffle
109 Peanut Butter Waffle
110 Banana Waffle
111 Pineapple Waffle

RM12
RM14
RM14
RM14



113

Eggs & Toast

112 Mushroom omelette & toast
113 Cheese omelette & toast
114 Onion omelette & toast
115 Scrambled eggs & toast
116 French toast with honey
117 Half boiled eggs (2nos)
118 Plain toast (2pcs)

RM13
RM13
RM13
RM12
RM12
RM6
RM6



119

Sandwich & Fries (available 7am - 5pm)

- 119 Club sandwich RM24
- 120 Roast Chicken sandwich RM20
- 121 Tuna sandwich RM18
- 122 Cheese & Tomato sandwich RM14
- 123 Egg sandwich RM12
- 124 Croissant with butter & jam RM10



125

Cereals

- 125 Cornflakes with fresh milk RM10
- 126 Muesli with milk RM10

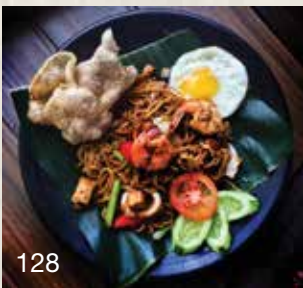


127

127 Breakfast Nasi Lemak

A Malaysian breakfast special of coconut rice served with fried chicken wing, sunny side egg, peanuts, anchovies and cucumber

RM20



128

128 Mee Mamak

Indian style yellow fried noodles comes with sunny side egg, chicken meat, shrimps squid and vegetables

RM20



129

129 Singapore Fried Noodles

Fried vermicelli noodles comes with sunny side egg, chicken meat, shrimps squid and vegetables

RM20



130

130 Maggi Mee Goreng

Nissin style noodles stir fried with vegetables, chicken meat and topped with sunny side egg

RM14

131 Maggi Mee Soup

Nissin style noodles soup with vegetables, chicken meat and topped with an egg

RM14

Starters Salads & Snacks

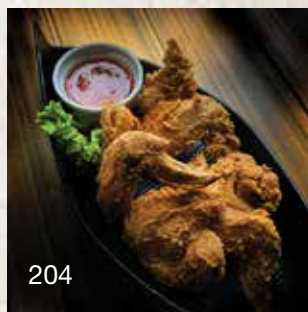


The Barat Satay Boat

Choice of half doz. chicken or beef satay served with peanut sauce, onions, cucumbers & rice dumplings

202 CHICKEN (Half Doz.) RM22

203 BEEF (Half Doz.) RM22



204 Fried Chicken Wings

Fried chicken wings served with Thai chilli dipping sauce

RM24



205 Calamari Rings

Hand battered fried calamari rings served with wasabi mayo dipping Sauce

RM20



206 Prawn Tempura

Hand battered fried tempura prawns served with wasabi mayo dipping sauce

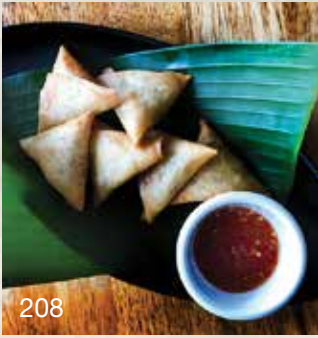
RM24



207 Fried Vegetarian Spring Rolls

Served with thai chilli dipping Sauce

RM13



208 Fried Mini Curry Samosas

Vegetarian mini curry samosas served with thai chilli dipping Sauce

RM13

209 Chicken Nugget

Served with thai chilli dipping sauce

RM13

210 Popcorn Chicken

Battered and fried boneless chicken cubes served with french fries & mayonaise

RM20



GARLIC BREAD

Yes.... It's garlic bread

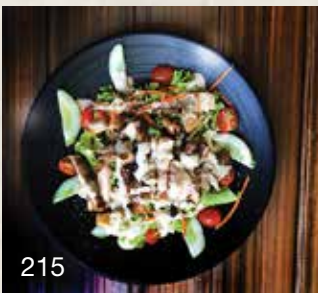
Rm10

Salads

214 The Barat House Salad

The classic salad served with vinegerate or1000 island dressing

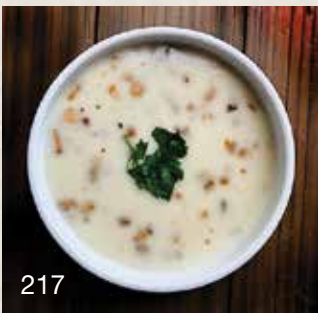
RM20



215 Grilled Chicken Salad

Tender and juicy strips of chicken served on a garden salad and topped with honey mustard dressing

RM24



Side Selection

217 Mushroom Soup

RM12

218 Tomato Soup

RM12

219 French Fries

RM12

220 Potato Wedges

RM14

221 Coleslaw

RM12

222 Mashed Potato

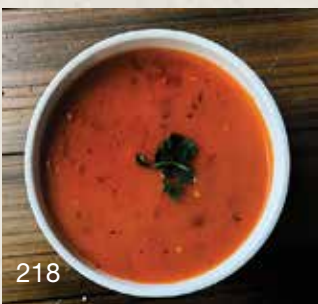
RM12

223 Jacket Potato

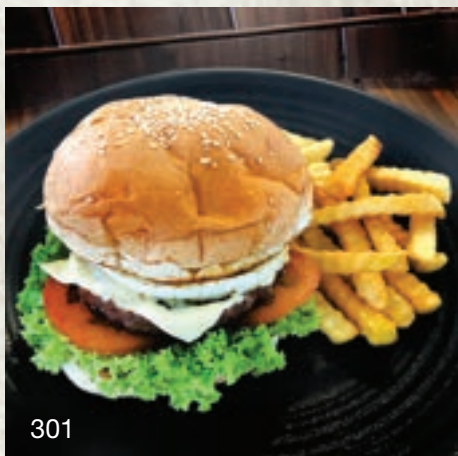
RM12

224 Grilled Vegetables

RM14



Western

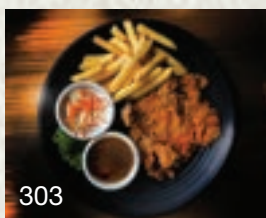


The Barat Burger

Choice of a juicy, beef or chicken patty that comes with cheese, lettuce, sunny side egg, tomatoes in a large sesame burger bun & served with a side of french fries

301 BEEF BURGER RM28

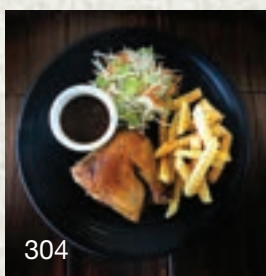
302 CHICKEN BURGER RM28



303 Oriental Chicken Chop

Deep fried chicken in batter served with choice of black pepper or mushroom sauce comes with french fries & coleslaw

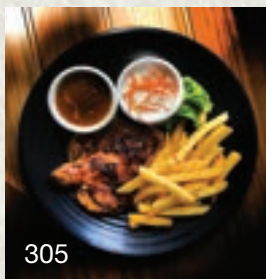
RM28



304 Chefs Roast Chicken

Quarter herb roasted chicken served with mashed potatoes, side salad and brown gravy

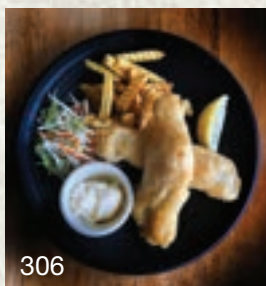
RM30



305 Grilled Chicken

Chargrilled chicken served with choice of black pepper or mushroom sauce comes with french fries & side salad

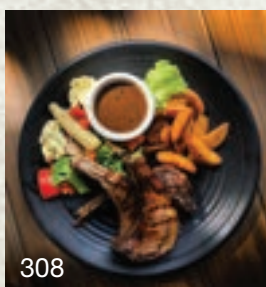
RM28



306 Fish & Chips

Deep fried catch of the day served with french fries, side salad & tartare sauce

RM28



307 Rib Eye Steak

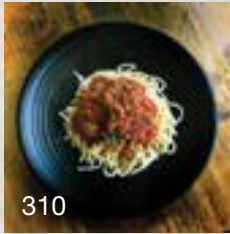
200gm of choice Australian rib eye done to your likeness served with grilled Vegetables and fries

Rm98

308 Roast Lamb Chops

Slow roasted rosemary rack of lamb served with grilled vegetables and potato wedges

RM88



309 Tomato Pasta

A basic dish of spaghetti & tomato basil sauce

RM18



310 Spaghetti Bolognese

Our classic beef bolognese with mushrooms herbs and spices topped with parmesan cheese

RM24



311 Carbonara

Spaghetti sauteed in cream sauce & beef salami topped with parmesan cheese

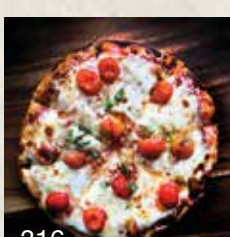
RM24



312 Aglio Olio

Spaghetti sauteed with parsley, garlic, chilli flakes & mushrooms in olive oil

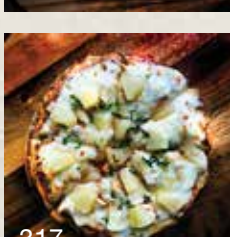
RM20



313 Seafood Marinara

Spaghetti sauteed with fresh prawns, squid & mussels in our homemade marinara sauce

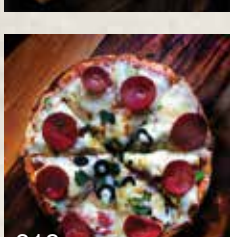
RM38



314 Barat Prawn Pasta

Our chefs special prawn & salted egg yolk creamy pasta sauteed with curry leaves & birds eye chilli

RM38



315 Seafood Aglio Olio

Spaghetti sauteed with prawns, squid & mussels parsley, garlic, chilli flakes & mushrooms in olive oil

RM38



Pizza Selection

316 10" Magheritta Pizza

RM26

317 10" Hawaiian Chicken Pizza

RM28

318 10" Beef Pepperoni Pizza

RM32

319 10" Tuna Pizza

RM32

320 10" Seafood Pizza

RM36

*ALL PRICE SUBJECT TO 10% SERVICE CHARGE

Local Favourites

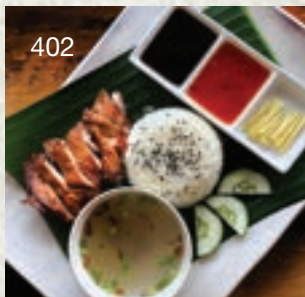


401

401 Barat Nasi Lemak Platter

A Malaysian all time favourite of aromatic rice served with a whole chicken leg deep fried with herbs n spices, sambal, anchovies, peanuts, cucumber and topped with a sunny side egg with a side of prawn crackers

RM36



402

402 Chicken Rice Platter

Chinese style chicken rice comes with a roasted whole leg served with aromatic chicken rice, chilli sauce, strips of ginger black sauce, chicken soup and cucumbers

RM36

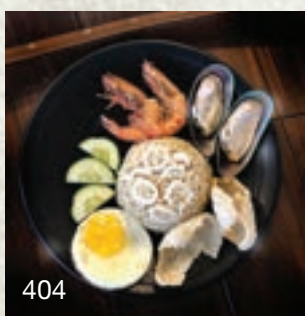


403

403 The Barat Fried Rice

Shrimp paste fried rice served with 2 sticks of chicken satay, fried chicken wing, sunny side egg & prawn crackers

RM28



404

404 Pulau Seafood Fried Rice

Seafood fried rice with prawns, squid, slices of fish and mussels topped with sunny side egg

RM28



405

405 Kampung Fried Rice

Malay style fried rice served with sunny side egg, anchovies and fried chicken

RM24



406

406 Yong Chow Fried Rice

A classic chinese style fried rice cooked with chicken & mixed vegetables

RM14



407

407 MeeMamak Noodle

Indian style stir fried yellow noodle with chilli paste, vegetables, chicken, shrimps & squid rings

RM24



408

408 Cantonese Noodle

Braised Flat Noodles with vegetables, chicken, shrimps & squid in cantonese style egg gravy

RM24



409

409 Sizzling Yee Mee

Crispy egg noodles served on a sizzling hot plate topped with gravy vegetables, prawns, chicken and squid

RM24



412

410 Tom Yam Noodles

Vermicelli noodles with prawn, squid, chicken and vegetables in a aromatic tom yam broth

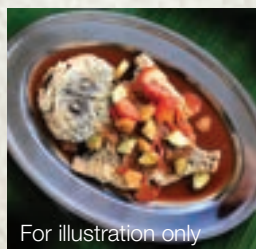
RM24

412 Chicken Noodle Soup

Flat noodles served with chicken soup and served with vegetables, prawns and slices of chicken

RM20

Asian Ala Carte



FISH FILLET DISHES

Sweet and Sour Fish	501- S RM22	502- M RM38	503- L RM58
Creamy Butter Fish	504- S RM22	505- M RM38	506- L RM58
Ginger Soy Sauce Fish	507- S RM22	508- M RM38	509- L RM58

CHICKEN

Sweet & Sour Chicken

Chicken sauteed with sweet and sour sauce
onions, cucumber, tomatoes and green pepper
510- S RM22 511- M RM38 512- L RM58

519 Ginger Chicken

Chicken cubes sauteed with ginger gravy and spring onions
519- S RM22 520- M RM38 521- L RM58

Creamy Butter Chicken

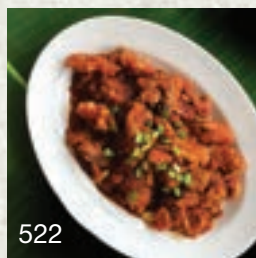
Chicken cubes sauteed in a aromatic creamy butter
sauce with curry leaves
513- S RM22 514- M RM38 515- L RM58

Sechuan Style Chicken

Chicken cubes sauteed with sechuan sauce, dried chilli
onions, green peppers, ginger and cashewnuts
516- S RM22 517- M RM38 518- L RM58

522 Sambal Chicken

Chicken cubes fried in our special spicy sambal sauce
522- S RM22 523- M RM38 524- L RM58



PRAWN

525 Creamy Butter Prawn

Deep fried prawns sauteed in a aromatic creamy butter
sauce with curry leaves
525- S RM48 526- M RM78 527- L RM98

Sambal Prawn

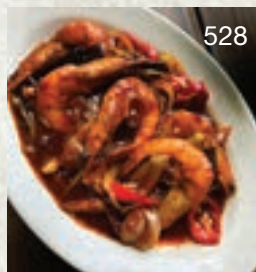
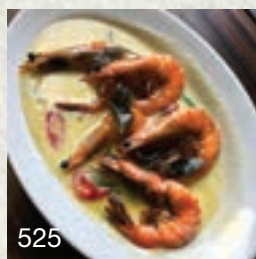
Prawns fried in our special spicy sambal sauce
534- S RM48 535- M RM78 536- L RM98

Sweet & Sour Prawn

Sweet and sour sauce sauteed with deep fried crispy
prawns, onions, cucumber, tomatoes and green peppers
531- S RM48 532- M RM78 533- L RM98

528 Thai Chilli Basil Prawn

Stir fried prawns with thai chilli paste and basil leaves
528- S RM48 529- M RM78 530- L RM98



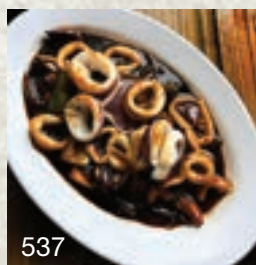
SQUID

537 Sechuan Style Squid

Squid slices sauteed with sechuan sauce, dried chilli
onions, green peppers, ginger and cashewnuts
537- S RM24 538- M RM48 539- L RM68

Sambal Squid

Squid slices sauteed with a tradisional malay
sambal (chilly n spice paste) and vegetables
540- S RM24 541- M RM48 542- L RM68





Garlic & Ginger Squid

Squid slices sauteed with garlic and ginger sauce
543- S RM24 544- M RM48 545- L RM68

BEEF

552 Black Pepper Beef

Slices of beef braised in our sarawak black pepper gravy
552- S RM24 553- M RM48 554- L RM68

Ginger Beef

Beef slices sauteed with ginger gravy and spring onions
546- S RM24 547- M RM48 548- L RM68

549 Thai Chilli Basil Beef

Beef slices sauteed with Thai chilli herbs and spices
549- S RM24 550- M RM48 551- L RM68



VEGETABLE

Stir Fried Mixed Vegetables

555- S RM18 556- M RM28 557- L RM38

558 Kangkung Belacan

Stir fried water spinach in shrimp paste with chilli and onions

558- S RM18 559- M RM28 560- L RM38

561 Spinach Garlic Stir Fry

561- S RM18 562- M RM28 563- L RM38

Pak Choy with Oyster Sauce

564- S RM18 565- M RM28 566- L RM38

Fried Cabbage with egg and dry chilli

567- S RM18 568- M RM28 569- L RM38



SOUP

570 Tom Yam Seafood Soup

570- S RM18 571- M RM36 572- RM 54

573 Chinese Seaweed Soup

573- S RM16 574- M RM26 575- RM 32

Chicken Vegetable Soup

576- S RM16 577- M RM26 578- RM 32



EGG & TOFU

Onion and mushroom omelette

579- S RM18 580- M RM32

Prawn and Tomato omelette

581- S RM18 582- M RM32

583 Plain Omelette

583- S RM16 584- M RM28

585 Sizzling Japanese tofu with mix vegetables

585- S RM18 586- M RM32

Japanese tofu with minced chicken gravy

587- S RM18 588- M RM32

589 White Rice RM2 per bowl



The Barat Set Meals (VOUCHER PACKAGE ONLY)

Breakfast Set RM30



SET 1 (601)

1) BARAT BREAKFAST

- 2) COFFEE or TEA
- 3) CORDIAL or MINERAL WATER
- 4) MINI FRUIT PLATTER

SET 2 (602)

1) BELGIAN WAFFLE

- 2) COFFEE or TEA
- 3) CORDIAL or MINERAL WATER
- 4) MINI FRUIT PLATTER

SET 3 (603)

1) ROTI CANAI

- 2) COFFEE or TEA
- 3) CORDIAL or MINERAL WATER
- 4) MINI FRUIT PLATTER

SET 4 (604)

1) MEE MAMAK

- 2) COFFEE or TEA
- 3) CORDIAL or MINERAL WATER
- 4) MINI FRUIT PLATTER

Lunch Set RM40



SET 1 (605)

1) ORIENTAL CHICKEN CHOP

- 2) SALAD
- 3) SMOOTHIE
- 4) ICE CREAM SCOOP or PUDDING

SET 2 (606)

1) SPAGHETTI BOLOGNESE

- 2) SALAD
- 3) SMOOTHIE
- 4) ICE CREAM SCOOP or PUDDING

SET 3 (607)

1) FISH AND CHIPS

- 2) SALAD
- 3) SMOOTHIE
- 4) ICE CREAM SCOOP or PUDDING

SET 4 (608)

1) SEAFOOD FRIED RICE

- 2) SALAD
- 3) SMOOTHIE
- 4) ICE CREAM SCOOP or PUDDING

SET 5 (609)

1) CANTONESE NOODLES

- 2) SALAD
- 3) SMOOTHIE
- 4) ICE CREAM SCOOP or PUDDING

Dinner Set RM50



SET 1 (610)

1) BARAT BURGER

- 2) MUSHROOM SOUP
- 3) ICE COFFEE / ICE TEA or SOFT DRINK
- 4) CHOCOLATE CAKE

SET 2 (611)

1) SEAFOOD MARINARA

- 2) MUSHROOM SOUP
- 3) ICE COFFEE / ICE TEA or SOFT DRINK
- 4) CHOCOLATE CAKE

SET 3 (612)

1) BARAT NASI LEMAK PLATTER

- 2) MUSHROOM SOUP
- 3) ICE COFFEE / ICE TEA or SOFT DRINK
- 4) CHOCOLATE CAKE

SET 4 (613)

1) CHICKEN RICE PLATTER

- 2) MUSHROOM SOUP
- 3) ICE COFFEE / ICE TEA or SOFT DRINK
- 4) CHOCOLATE CAKE

BBQ Set RM70



SET 1 (614)

1) BBQ PLATTER SET

Comes with rice, salad, fish, prawn, squid, chicken wing & dipping sauces

- 2) MUSHROOM SOUP
- 3) ICE COFFEE / ICE TEA or SOFT DRINK
- 4) CHOCOLATE CAKE

**KINDLY CHECK WITH OUR SERVERS REGARDING OUR
BBQ STATION (opens daily from 7pm onwards)**

Vegetarian Selection



Vegetarian fried rice. Rm20

Vegetarian Cantonese noodle Rm20

Vegetarian Singapore noodle. Rm20

Vegetarian noodle soup. Rm20

Vegetarian Tom yam noodles Rm20

Vegetarian burger. Rm20

Vegetarian pasta. Rm20

Beverages



FRESH FRUIT JUICES

	ICE	W/O ICE
Orange	801 RM12	802 RM14
Watermelon	803 RM12	804 RM14
Honeydew	805 RM12	806 RM14
Carrot	807 RM12	808 RM14
Fresh Lime	809 RM12	810 RM14
Pineapple	811 RM12	812 RM14
Mango	813 RM12	814 RM14
Apple	815 RM12	816 RM14
Fresh Coconut	817 RM14	

LOCAL BEVERAGES

	HOT	COLD
Coffee O	818 RM6	819 RM7
Coffee	820 RM6	821 RM7
Teh Tarik	822 RM6	823 RM7
Teh O	824 RM6	825 RM7
Nescafe O	826 RM6	827 RM7
Nescafe	828 RM8	829 RM9
Milo (choc malt)	830 RM8	831 RM9
Lemon Tea	832 RM8	833 RM9
Milk	834 RM6	835 RM7

BREWED COFFEE

836 Grande Intenso	14
837 Caffe Latte	18
838 Cappuccino	18
839 Espresso	14

SMOOTHIES

841 Mango	12
842 Coconut	12
844 Matcha	12
845 Oreo Ice Blended	14

CHINESE TEA

846 Ti Kuan Yin	8
847 Green Tea	8
848 Pu Er Tea	8
849 Oolong Tea	8

SOFT DRINKS

850 Coke	5
851 Pepsi	5
852 Sprite	5
853 100 Plus	5
854 Tonic Water	5
855 Soda Water	5
856 Bottled Water 500ml	2
857 Bottled Water 1.5 litre	5
858 A Glass of Water	1
859 A Bucket of Ice	5

BEERS

865 Carlsberg per can	8
866 Tiger per can	8
867 Chang Beer per can	8
868 Heineken per can	10
869 Guinness Stout per can	12
870 Somersby per btl	16
871 Corona per btl	16
872 Hoegarden per btl	16
873 Gin per gls	18
874 Tequila per gls	18
875 Whiskey per gls	18
876 Rum per gls	18
877 Vodka per gls	18
878 Brandy per gls	18

Red Wine 879 - Rm25 gls 880 - Rm138 btl
White Wine 881 - Rm25 gls 882 - Rm138 btl

CORKAGE

883 Beer per can	3
884 Liquor per btl excluding mixer	50

DESSERT

885 Chocolate Cake	14
886 Banana Split	20
887 Chocolate Sundae	20
888 Fruit Platter	16
889 Ice Cream per scoop	5



The Barat Perhentian

BEACH RESORT



baratperhentian the barat perhentian beach resort



tripadvisor



Barat Perhentian Sdn Bhd

(1112846-D)

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www.baratperhentian.com



The Barat Tioman

BEACH RESORT



barattioman the barat tioman beach resort



tripadvisor



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26800 Rompin, Pahang, Malaysia

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www.barattioman.com



The Barat

BEACH RESORT

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www.thebarat.com



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