

Breakfast (7am - 11am)



101



102

101 Big Breakfast

Comes with scrambled eggs, chicken sausages, chicken ham, sauteed herb mushrooms & onions, baked beans, hash brown & 2 slices of toast

RM22

102 Barat Breakfast

Comes with sunny side egg, chicken ham, side salad, baked beans, & croissant

RM16



103

Roti Canai

Fluffy pan toasted indian bread served with dhal curry, sambal & chicken curry

103 Plain Roti

RM10

104 Egg Roti

RM12



105

Tandoori Naan

Oven fresh indian naan bread served with dhal curry, sambal & chicken curry

105 Plain naan

RM10

106 Cheese

RM13

107 Garlic Butter

RM13



108

Waffle

Wholesome Belgian waffle served with honey syrup, butter & Jam

108 Plain waffle

RM8

109 Peanut Butter waffle

RM10

110 Banana waffle

RM10

111 Pineapple waffle

RM10

Breakfast Page 2



Eggs & Toast

112	Mushroom omelette & toast	RM10
113	Cheese omelette & toast	RM10
114	Onion omelette & toast	RM10
115	Scrambled eggs & toast	RM9
116	French toast with honey	RM9
117	Half boiled eggs (2nos)	RM6
118	Plain toast (2pcs)	RM4



Sandwich & Fries (available 7am - 5pm)

119	Club sandwich	RM18
120	Roast Chicken sandwich	RM16
121	Tuna sandwich	RM14
122	Cheese & Tomato sandwich	RM12
123	Egg sandwich	RM10
124	Croissant with butter & jam	RM8



Cereals

125	Cornflakes with fresh milk	RM8
126	Muesli with milk	RM8



127 Breakfast Nasi Lemak

A Malaysian breakfast special of coconut rice served with fried chicken wing, sunny side egg, peanuts, anchovies and cucumber

RM16

128 Mee Mamak

Indian style yellow fried noodles comes with sunny side egg, chicken meat, shrimps squid and vegetables

RM16



129 Singapore Fried Noodle

Fried vermicelli noodles comes with sunny side egg, chicken meat, shrimps squid and vegetables

RM16



130 Maggi Mee Goreng

Nissin style noodles stir fried with vegetables, chicken meat and topped with sunny side egg

RM10

131 Maggi Mee Soup

Nissin style noodles soup with vegetables, chicken meat and topped with an egg

RM10

Starters Salads & Snacks



The Barat Satay Boat

Choice of half doz. chicken or beef satay served with peanut sauce, onions, cucumbers & rice dumplings

201	MIX (3 Chicken 3 Beef)	RM12
202	CHICKEN (Half Doz.)	RM12
203	BEEF (Half Doz.)	RM12

204 Fried Chicken Wings

Fried chicken wings served with Thai chilli dipping sauce

RM18

205 Calamari Rings

Hand battered fried calamari rings served with wasabi mayo dipping Sauce

RM16

206 Prawn Tempura

Hand battered fried tempura prawns served with wasabi mayo dipping sauce

RM18

207 Fried Vegetarian Spring Rolls

Served with thai chilli dipping Sauce

RM10

208 Fried Mini Curry Samosas

Vegetarian mini curry samosas served with thai chilli dipping Sauce

RM10

Starters Salads & Snacks Page 2



209 Chicken Nugget

Served with thai chilli dipping sauce

RM10

210 Popcorn Chicken

Battered and fried boneless chicken cubes served with french fries & mayonaise

RM14

211 Fried Wan Ton

Minced chicken and prawns wrapped in won ton skin deep fried till golden brown and served with thai chilli sauce

RM16



212 Garlic Bread Basket

Yes! garlic bread, simply fin'garlic'kin good!

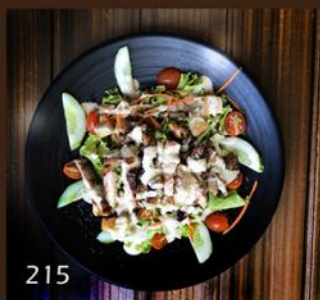
RM8

213 Fried Bananas

Hand battered bananas deep fried and topped with honey syrup

RM10

Salads



214 The Barat House Salad

The classic salad served with vinegerate or 1000 island dressing

RM16

215 Grilled Chicken Salad

Tender and juicy strips of chicken served on a garden salad and topped with honey mustard dressing

RM18



216 Caesar Salad

Romaine lettuce tossed with croutons tomatoes and parmesan cheese in our homemade caesar dressing

RM16

Side Selection



217 Mushroom Soup

RM8

218 Tomato Soup

RM8

219 French Fries

RM9

220 Potato Wedges

RM10

221 Coleslaw

RM8

222 Mashed Potato

RM8

223 Jacket Potato

RM8

224 Grilled Vegetables

RM8

Local Favourites



401

401 Barat Nasi Lemak Platter

A Malaysian all time favourite of aromatic rice served with a whole chicken leg deep fried with herbs n spices, sambal, anchovies, peanuts, cucumber and topped with a sunny side egg with a side of prawn crackers

RM22

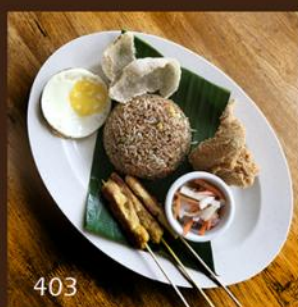


402

402 Chicken Rice Platter

Chinese style chicken rice comes with a roasted whole leg served with aromatic chicken rice, chilli sauce, strips of ginger black sauce, chicken soup and cucumbers

RM22

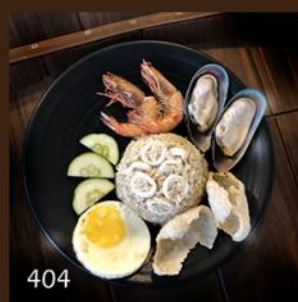


403

403 The Barat Fried Rice

Shrimp paste fried rice served with 3 sticks of chicken satay, fried chicken wing, sunny side egg & prawn crackers

RM20



404

404 Pulau Seafood Fried Rice

Seafood fried rice with prawns, squid, slices of fish and mussels topped with sunny side egg

RM18

Local Favourites Pg 2



405 Kampung Fried Rice
Malay style fried rice served with sunny side egg, anchovies and fried chicken

RM16



406 Yong Chow Fried Rice
A classic chinese style fried rice cooked with chicken & mixed vegetables

RM9



407 MeeMamak Noodle
Indian style stir fried yellow noodle with chilli paste, vegetables, chicken, shrimps & squid rings

RM16



408 Cantonese Noodle
Braised Flat Noodles with vegetables, chicken, shrimps & squid in cantonese style egg gravy

RM16



409 Sizzling Yee Mee
Crispy egg noodles served on a sizzling hot plate topped with gravy vegetables, prawns, chicken and squid

RM18



410 Tom Yam Noodles
Vermicelli noodles with prawn, squid, chicken and vegetables in a aromatic tom yam broth

RM16



411 Siam Noodle
Siamese style stir fried rice vermicelli served with tofu bits, shrimps, sambal, lime & sunny side egg

RM16

412 Chicken Noodle Soup
Flat noodles served with chicken soup and served with vegetables, prawns and slices of chicken

RM16

Western



301

The Barat Burger

Choice of a juicy, beef or chicken patty that comes with cheese, lettuce, sunny side egg, tomatoes in a large sesame burger bun & served with a side of french fries

301 BEEF BURGER RM20
302 CHICKEN BURGER RM20



303

303 Oriental Chicken Chop

Deep fried chicken in batter served with choice of black pepper or mushroom sauce comes with french fries & coleslaw

RM20



304

304 Chefs Roast Chicken

Quarter herb roasted chicken served with mashed potatoes, side salad and brown gravy

RM22



305

305 Grilled Chicken

Chargrilled chicken served with choice of black pepper or mushroom sauce comes with french fries & side salad

RM20



306

306 Fish & Chips

Deep fried catch of the day served with french fries, side salad & tartare sauce

RM20



307

307 Rib eye steak

220gm of choice Australian rib eye done to your likeness served with grilled vegetables potato wedges and english mustard

RM68



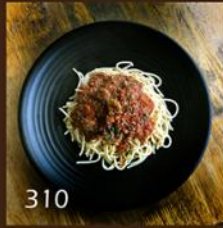
308

308 Roast Lamb Chops

Slow roasted rosemary rack of lamb served with grilled vegetables and potato wedges

RM48

Western Page 2



310

309 Tomato Pasta

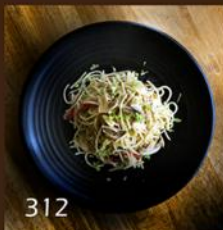
A basic dish of spaghetti & tomato basil sauce RM12



311

310 Spaghetti Bolognese

Our classic beef bolognese with mushrooms herbs and spices topped with parmesan cheese RM18



312

311 Carbonara

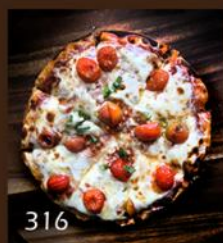
Spaghetti sauteed in cream sauce & beef salami topped with parmesan cheese RM18



313

312 Aglio Olio

Spaghetti sauteed with parsley, garlic, chilli flakes & mushrooms in olive oil RM16



316

313 Seafood Marinara

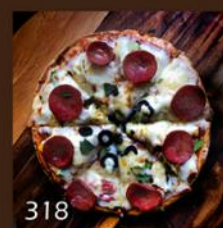
Spaghetti sauteed with fresh prawns, squid & mussels in our homemade marinara sauce RM28



317

314 Barat Prawn Pasta

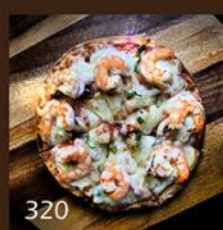
Our chefs special prawn & salted egg yolk creamy pasta sauteed with curry leaves & birds eye chilli RM28



318

315 Chicken Pesto

Our take on the classic pesto pasta topped with grilled chicken RM28



320

Pizza Selection

316 10" Magheritta Pizza RM22

317 10" Hawaiian Chicken Pizza RM24

318 10" Beef Pepperoni Pizza RM26

319 10" Tuna Pizza RM26

320 10" Seafood Pizza RM28

Pie Selection

321 Cottage Pie (chicken) RM18

322 Cottage Pie (beef) RM18

323 Shepherd's Pie (Beef) RM18

324 Lasagna (chicken bolognese) RM18

*ALL PIES COME WITH SALAD & FRIES

Asian alacarte Page 2



552

Garlic & Ginger Squid

Squid slices sautéed with garlic and ginger sauce

543- S RM16 544- M RM32 545- L RM48



555

Ginger Beef

Beef slices sautéed with ginger gravy and spring onions

546- S RM16 547- M RM32 548- L RM48



558

Thai Chilli Basil Beef

Beef slices sautéed with Thai chilli herbs and spices

549- S RM16 550- M RM32 551- L RM48



561

Black Pepper Beef

Slices of beef braised in our sarawak black pepper gravy

552- S RM16 553- M RM32 554- L RM48

VEGETABLE

Stir Fried Mixed Vegetables

555- S RM12 556- M RM18 557- L RM24

Kangkung Belacan

Stir fried water spinach in shrimp paste with chilli and onions

558- S RM12 559- M RM18 560- L RM24

Spinach Garlic Stir Fry

561- S RM12 562- M RM18 563- L RM24

Pak Choy with Oyster Sauce

564- S RM12 565- M RM18 566- L RM24

Fried Cabbage with egg and dry chilli

567- S RM12 568- M RM18 569- L RM24



570

SOUP

Tom Yam Seafood Soup

570- S RM18 571- M RM28 572- RM 38

Chinese Seaweed Soup

573- S RM12 574- M RM18 575- RM 24

Chicken Vegetable Soup

576- S RM12 577- M RM18 578- RM 24



573

EGG & TOFU

Onion and mushroom omelette

579- S RM12 580- M RM18

Prawn and Tomato omelette

581- S RM16 582- M RM22

Plain Omelette

583- S RM10 584- M RM20



585

Sizzling Japanese tofu with mix vegetables

585- S RM12 586- M RM18

Japanese tofu with minced chicken gravy

587- S RM12 588- M RM18



582

589 White Rice RM2 per bowl

The Barat Set Meals

Breakfast Set RM20



SET 1 (601)

- 1) **BARAT BREAKFAST**
- 2) COFFEE or TEA
- 3) CORDIAL or MINERAL WATER
- 4) MINI FRUIT PLATTER

SET 2 (602)

- 1) **BELGIAN WAFFLE**
- 2) COFFEE or TEA
- 3) CORDIAL or MINERAL WATER
- 4) MINI FRUIT PLATTER

SET 3 (603)

- 1) **TANDOORI NAAN**
- 2) COFFEE or TEA
- 3) CORDIAL or MINERAL WATER
- 4) MINI FRUIT PLATTER

SET 4 (604)

- 1) **MEE MAMAK**
- 2) COFFEE or TEA
- 3) CORDIAL or MINERAL WATER
- 4) MINI FRUIT PLATTER

Lunch Set RM30



SET 1 (605)

- 1) **ORIENTAL CHICKEN CHOP**
- 2) SALAD
- 3) CORDIAL or MINERAL WATER
- 4) COCONUT SMOOTHIE

SET 2 (606)

- 1) **SPAGHETTI BOLOGNESE**
- 2) SALAD
- 3) CORDIAL or MINERAL WATER
- 4) COCONUT SMOOTHIE

SET 3 (607)

- 1) **FISH AND CHIPS**
- 2) SALAD
- 3) CORDIAL or MINERAL WATER
- 4) COCONUT SMOOTHIE

SET 4 (608)

- 1) **SEAFOOD FRIED RICE**
- 2) SALAD
- 3) CORDIAL or MINERAL WATER
- 4) COCONUT SMOOTHIE

SET 5 (609)

- 1) **CANTONESE NOODLES**
- 2) SALAD
- 3) CORDIAL or MINERAL WATER
- 4) COCONUT SMOOTHIE

Set Meals Page 2

Dinner Set RM40



- SET 1 (610)
1) **BARAT BURGER**
2) MUSHROOM SOUP
3) COFFEE or TEA
4) CHOCOLATE CAKE



- SET 2 (611)
1) **SEAFOOD MARINARA**
2) MUSHROOM SOUP
3) COFFEE or TEA
4) CHOCOLATE CAKE



- SET 3 (612)
1) **BARAT NASI LEMAK PLATTER**
2) MUSHROOM SOUP
3) COFFEE or TEA
4) CHOCOLATE CAKE



- SET 4 (613)
1) **CHICKEN RICE PLATTER**
2) MUSHROOM SOUP
3) COFFEE or TEA
4) CHOCOLATE CAKE

BBQ Set RM50



- SET 1 (614)
1) **BBQ PLATTER SET**
Comes with rice, salad, fish, prawn, squid, chicken wing & dipping sauces

- 2) MUSHROOM SOUP
3) COFFEE or TEA
4) CHOCOLATE CAKE

**KINDLY CHECK WITH OUR SERVERS REGARDING OUR
BBQ STATION (opens daily from 7pm onwards)**

Vegetarian Selection



Vegetarian Ala Carte RM16 per person serving

Choose your Mock Meat :

- 701 - Mock Fish
- 702 - Mock Chicken
- 703 - Mock Prawn
- 704 - Mock Squid
- 705 - Mock Lamb

Choose your cooking style :

- A1 - Creamy Butter Sauce
- A2 - Sweet & Sour Sauce
- A3 - Sechuan Sauce
- A4 - Spicy Sambal Sauce
- A5 - Ginger Gravy Sauce

706	Vege Omelette	- Comes with mock prawn, onions & mushrooms	RM16
707	Seaweed Soup	- Cooked with seaweed, japanese tofu & pak choy	RM12
708	Tom Yam Soup	- Cooked with mock prawn, chicken & squid	RM14
709	Vegetable Soup	- Cooked with won ton and vegetables	RM12
710	White Rice		RM2

Vegetarian Single Meals

711 Vegetarian Fried Rice Platter

Includes mixed vegetables, mushrooms, tofu, mock chicken and prawns topped with sunny side egg

RM18

712 Vegetarian Cantonese Noodle

Flat noodles cooked with mixed vegetables, mushrooms, tofu, mock chicken and prawns in a thick egg gravy

RM18

713 Vegetarian Singaporean Noodles

Dry fried rice vermicelli (mee hoon) with vegetables, mushrooms, tofu, mock chicken and prawns topped with sunny side egg

RM18

714 Vegetarian Burger

Comes with a vegetarian burger patty, lettuce, cucumber, tomato egg, cheese and french fries on the side

RM18

Beverages



FRESH FRUIT JUICES

	ICE	W/O ICE
Orange	801 RM10	802 RM12
Watermelon	803 RM10	804 RM12
Honeydew	805 RM10	806 RM12
Carrot	807 RM10	808 RM12
Fresh Lime	809 RM10	810 RM12
Pineapple	811 RM10	812 RM12
Mango	813 RM10	814 RM12
Apple	815 RM10	816 RM12
Fresh Coconut	817 RM12	

LOCAL BEVERAGES

	HOT	COLD
Coffee O	818 RM5	819 RM6
Coffee	820 RM5	821 RM6
Teh Tarik	822 RM5	823 RM6
Teh O	824 RM5	825 RM6
Nescafe O	826 RM5	827 RM6
Nescafe	828 RM6	829 RM7
Milo (choc malt)	830 RM6	831 RM7
Lemon Tea	832 RM6	833 RM7
Milk	834 RM5	835 RM6

BREWED COFFEE

836 Grande Intenso	12
837 Caffè Latte	14
838 Cappuccino	14
839 Espresso	12
840 Mocha	14

SMOOTHIES

841 Mango	10
842 Coconut	10
843 Banana	10
844 Matcha	10
845 Oreo Ice Blended	12

CHINESE TEA

846 Ti Kuan Yin	5
847 Green Tea	5
848 Pu Er Tea	5
849 Oolong Tea	5

SOFT DRINKS

850 Coke	4
851 Diet Coke	4
852 Sprite	4
853 100 Plus	4
854 Tonic Water	4
855 Soda Water	4
856 Bottled Water 500ml	2
857 Bottled Water 1.5 litre	5
858 A Glass of Water	1
859 A Bucket of Ice	5

BEERS (Perhentian resort)

860 Carlsberg per can	10
861 Tiger per can	10
862 Guinness Stout per can	12
863 Somersby per btl	16
864 Corona per btl	16

BEERS & SPIRITS (Tioman resort)

865 Carlsberg per can	7
866 Tiger per can	7
867 Chang Beer per can	8
868 Heineken per can	9
869 Guinness Stout per can	10
870 Somersby per btl	16
871 Corona per btl	16
872 Hoegaarden per btl	16
873 Gin per gls	18
874 Tequila per gls	18
875 Whiskey per gls	18
876 Rum per gls	18
877 Vodka per gls	18
878 Brandy per gls	18
Red Wine 879 gls - RM25	880 btl - RM138
White Wine 881 gls - RM25	882 btl - RM138

CORKAGE

883 Beer per can	3
884 Liquor per btl excluding mixer	50

DESSERT

885 Chocolate Cake	12
886 Banana Split	18
887 Chocolate Sundae	13
888 Fruit Platter	10
889 Ice Cream per scoop	4