



**The Barat**  
BEACH RESORT

## chinese menu







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(1145) Spinach Garlic  
清炒苋菜

(1134) Claypot Lamb  
焖羊肉煲

(1031) Sweet Sour Prawn  
酸甜虾

(1004) Superior Sauce Steam Fish  
清蒸

(1100) Claypot Salt Fish Chicken  
咸鱼鸡煲

(1064) Kung Pow Squid  
宫保鱿鱼

## fish selection 鱼类

|                        |                        |                        |                      |
|------------------------|------------------------|------------------------|----------------------|
| Sweet & Sour 酸甜        | (1001) S (450gm) -RM45 | (1002) M (800gm) -RM78 | (1003) L (1kg) -RM98 |
| Superior Soya Sauce 清蒸 | (1004) S (450gm) -RM45 | (1005) M (800gm) -RM78 | (1006) L (1kg) -RM98 |
| Teo Chew Steam 潮州蒸     | (1007) S (450gm) -RM45 | (1008) M (800gm) -RM78 | (1009) L (1kg) -RM98 |
| Tom Yam 东炎             | (1010) S (450gm) -RM45 | (1011) M (800gm) -RM78 | (1012) L (1kg) -RM98 |
| Ginger Sauce 姜茸蒸       | (1013) S (450gm) -RM45 | (1014) M (800gm) -RM78 | (1015) L (1kg) -RM98 |
| Thai Style 泰式清蒸        | (1016) S (450gm) -RM45 | (1017) M (800gm) -RM78 | (1018) L (1kg) -RM98 |
| Tauchu Steam 酱蒸        | (1019) S (450gm) -RM45 | (1020) M (800gm) -RM78 | (1021) L (1kg) -RM98 |
| Deep Fried Butter 酥炸奶油 | (1022) S (450gm) -RM45 | (1023) M (800gm) -RM78 | (1024) L (1kg) -RM98 |

## prawn selection 虾类

|                             |               |               |               |
|-----------------------------|---------------|---------------|---------------|
| Creamy Butter Prawn 奶油虾     | (1025) S-RM38 | (1026) M-RM68 | (1027) L-RM88 |
| Thai Chilli Basil Prawn 泰式虾 | (1028) S-RM38 | (1029) M-RM68 | (1030) L-RM88 |
| Sweet & Sour Prawn 酸甜虾      | (1031) S-RM38 | (1032) M-RM68 | (1033) L-RM88 |
| Sambal Prawn 三峇虾            | (1034) S-RM38 | (1035) M-RM68 | (1036) L-RM88 |
| Prawn in Superior Sauce 清蒸虾 | (1037) S-RM38 | (1038) M-RM68 | (1039) L-RM88 |
| Ginger Steam 姜茸蒸虾           | (1040) S-RM38 | (1041) M-RM68 | (1042) L-RM88 |
| Marmite Prawn 妈蜜虾           | (1043) S-RM38 | (1044) M-RM68 | (1045) L-RM88 |
| Nestum Prawn 麦片虾            | (1046) S-RM38 | (1047) M-RM68 | (1048) L-RM88 |
| Kung Pow Prawn 宫保虾          | (1049) S-RM38 | (1050) M-RM68 | (1051) L-RM88 |
| Golden Spice Prawn 甘香虾      | (1052) S-RM38 | (1053) M-RM68 | (1054) L-RM88 |
| Salted Egg Prawn 咸蛋虾        | (1055) S-RM38 | (1056) M-RM68 | (1057) L-RM88 |
| Tempura Prawn 天妇罗虾          | (1058) S-RM38 | (1059) M-RM68 | (1060) L-RM88 |
| Spicy Sour Prawn 酸辣虾        | (1061) S-RM38 | (1062) M-RM68 | (1063) L-RM88 |

## squid selection 鱿鱼

|                          |               |               |               |
|--------------------------|---------------|---------------|---------------|
| Kung Pow Squid 宫保鱿鱼      | (1064) S-RM16 | (1065) M-RM32 | (1066) L-RM48 |
| Sambal Squid 三峇鱿鱼        | (1067) S-RM16 | (1068) M-RM32 | (1069) L-RM48 |
| Ginger Steam Squid 姜茸蒸鱿鱼 | (1070) S-RM16 | (1071) M-RM32 | (1072) L-RM48 |
| Salted Egg Squid 咸蛋鱿鱼    | (1073) S-RM16 | (1074) M-RM32 | (1075) L-RM48 |
| Tempura Squid 酥炸鱿鱼       | (1076) S-RM16 | (1077) M-RM32 | (1078) L-RM48 |





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(1110) Thai Fried Chicken  
泰式炸鸡



(1142) Kangkung Belachan  
峇拉煎空心菜



(1131) Kunyit Beef  
黄姜牛肉



(1226) Claypot Tofu  
沙煲豆腐



(1055) Salted Egg Prawn  
咸蛋虾



## chicken selection 鸡肉

|                                  |               |               |               |
|----------------------------------|---------------|---------------|---------------|
| Sweet & Sour Chicken 酸甜鸡         | (1079) S-RM16 | (1080) M-RM32 | (1081) L-RM48 |
| Creamy Butter Chicken 奶油鸡        | (1082) S-RM16 | (1083) M-RM32 | (1084) L-RM48 |
| Kung Pow Chicken 宫保鸡             | (1085) S-RM16 | (1086) M-RM32 | (1087) L-RM48 |
| Ginger Chicken 姜葱鸡               | (1088) S-RM16 | (1089) M-RM32 | (1090) L-RM48 |
| Sambal Chicken 三峇鸡               | (1091) S-RM16 | (1092) M-RM32 | (1093) L-RM48 |
| Curry Chicken 咖喱鸡                | (1094) S-RM16 | (1095) M-RM32 | (1096) L-RM48 |
| Nestum Chicken 麦片鸡               | (1097) S-RM16 | (1098) M-RM32 | (1099) L-RM48 |
| Salted Fish Chicken Claypot 咸鱼鸡煲 | (1100) S-RM16 | (1102) M-RM32 | (1103) L-RM48 |
| Marmite Chicken 妈蜜鸡              | (1104) S-RM16 | (1105) M-RM32 | (1106) L-RM48 |
| Salted Egg Chicken 咸蛋鸡           | (1107) S-RM16 | (1108) M-RM32 | (1109) L-RM48 |
| Thai Fragrant Fried Chicken 泰式炸鸡 | (1110) S-RM16 | (1111) M-RM32 | (1112) L-RM48 |

## beef & lamb selection 牛肉 / 羊肉

|                                |                                   |               |               |
|--------------------------------|-----------------------------------|---------------|---------------|
| Ginger Beef 姜葱牛肉               | (1113) S-RM16                     | (1114) M-RM32 | (1115) L-RM48 |
| Thai Chilli Basil Beef 泰式牛肉    | (1116) S-RM16                     | (1117) M-RM32 | (1118) L-RM48 |
| Black Pepper Beef 黑椒牛肉         | (1119) S-RM16                     | (1120) M-RM32 | (1121) L-RM48 |
| Sambal Beef 三峇牛肉               | (1122) S-RM16                     | (1123) M-RM32 | (1124) L-RM48 |
| Kung Pow Beef 宫保牛肉             | (1125) S-RM16                     | (1126) M-RM32 | (1127) L-RM48 |
| Curry Beef 咖喱牛肉                | (1128) S-RM16                     | (1129) M-RM32 | (1130) L-RM48 |
| Kunyit Beef 黄姜牛肉               | (1131) S-RM16                     | (1132) M-RM32 | (1133) L-RM48 |
| Lamb shoulder Stew 焖羊肉煲        | (1134) S-RM16                     | (1135) M-RM32 | (1136) L-RM48 |
| Grilled Lamb Loin 煎羊扒          | (1137) RM68 per serving (2-3 pax) |               |               |
| Szechuan pepper Lamb Loin 麻辣羊扒 | (1138) RM68 per serving (2-3 pax) |               |               |

## vegetable selection 蔬菜

|                                        |               |               |               |
|----------------------------------------|---------------|---------------|---------------|
| Stir Fried Mixed Vegetables 杂锦蔬菜       | (1139) S-RM12 | (1140) M-RM18 | (1141) L-RM24 |
| Kangkung Belacan 峇拉煎空心菜                | (1142) S-RM12 | (1143) M-RM18 | (1144) L-RM24 |
| Spinach Garlic Stir Fry 清炒苋菜           | (1145) S-RM12 | (1146) M-RM18 | (1147) L-RM24 |
| Pak Choy with Oyster Sauce 蚝油小白菜       | (1148) S-RM12 | (1149) M-RM18 | (1150) L-RM24 |
| Fried Cabbage with egg and chilli 辣炒包菜 | (1151) S-RM12 | (1152) M-RM18 | (1153) L-RM24 |
| Kai Lan Garlic Stir Fry 清炒芥兰           | (1154) S-RM12 | (1155) M-RM18 | (1156) L-RM24 |
| Bittergourd in Gravy 焖苦瓜               | (1157) S-RM12 | (1158) M-RM18 | (1159) L-RM24 |
| Long Bean Sambal 三峇菜豆                  | (1160) S-RM12 | (1161) M-RM18 | (1162) L-RM24 |
| Fried Beansprout w Salted Fish 咸鱼豆芽    | (1163) S-RM12 | (1164) M-RM18 | (1165) L-RM24 |
| Brinjal w Minced Chicken 鸡肉碎茄子         | (1166) S-RM12 | (1167) M-RM18 | (1168) L-RM24 |
| Brinjal w Sambal 三峇茄子                  | (1169) S-RM12 | (1170) M-RM18 | (1171) L-RM24 |
| Broccoli with Mushroom 西兰花香菇           | (1172) S-RM22 | (1173) M-RM38 | (1174) L-RM48 |





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(1223) Steam Soft Tofu  
葱油豆腐

(1181) Salted Vege Soup  
咸菜豆腐汤

(1202) Egg Foo Yong  
芙蓉蛋

## soup selection 汤类

|                                 |               |               |               |
|---------------------------------|---------------|---------------|---------------|
| Chinese Seaweed Soup 紫菜豆腐汤      | (1175) S-RM12 | (1176) M-RM18 | (1177) L-RM24 |
| Chicken Vegetable Soup 鸡肉杂菜汤    | (1178) S-RM12 | (1179) M-RM18 | (1180) L-RM24 |
| Salted Vege Beancurd Soup 咸菜豆腐汤 | (1181) S-RM12 | (1182) M-RM18 | (1183) L-RM24 |
| Bittergourd Soup 苦瓜汤            | (1184) S-RM12 | (1185) M-RM18 | (1186) L-RM24 |
| Spinach Soup 苋菜汤                | (1187) S-RM12 | (1188) M-RM18 | (1189) L-RM24 |
| Tom Yam Seafood Soup 东炎海鲜汤      | (1190) S-RM18 | (1191) M-RM28 | (1192) L-RM38 |
| Seafood Soup 海鲜汤                | (1193) S-RM18 | (1194) M-RM28 | (1195) L-RM38 |

## egg & tofu selection 蛋类 / 豆腐

|                                 |               |               |               |
|---------------------------------|---------------|---------------|---------------|
| Steam Egg 蒸水蛋                   | (1196) S-RM10 | (1197) M-RM16 | (1198) L-RM22 |
| Plain Omelette 煎蛋               | (1199) S-RM10 | (1200) M-RM16 | (1201) L-RM22 |
| Foo Yong Omelette 芙蓉蛋           | (1202) S-RM12 | (1203) M-RM18 | (1204) L-RM24 |
| Bittergourd Omelette 苦瓜煎蛋       | (1205) S-RM12 | (1206) M-RM18 | (1207) L-RM24 |
| Minced Chicken Omelette 鸡肉碎煎蛋   | (1208) S-RM12 | (1209) M-RM18 | (1210) L-RM24 |
| Prawn and Tomato Omelette 蕃茄虾仁蛋 | (1211) S-RM16 | (1212) M-RM22 | (1213) L-RM28 |
| Sizzling Japanese tofu 铁板日本豆腐   | (1214) S-RM12 | (1215) M-RM18 | (1216) L-RM24 |
| Minced Chicken Tofu 肉碎豆腐        | (1217) S-RM12 | (1218) M-RM18 | (1219) L-RM24 |
| Thai Style Tofu 泰式豆腐            | (1220) S-RM12 | (1221) M-RM18 | (1222) L-RM24 |
| Steam Soft Tofu 葱油豆腐            | (1223) S-RM12 | (1224) M-RM18 | (1225) L-RM24 |
| Claypot Tofu 沙煲豆腐               | (1226) S-RM12 | (1227) M-RM18 | (1228) L-RM24 |

## fried rice,noodles & snacks 饭类 / 面类 / 小吃

|                                |                             |               |                   |
|--------------------------------|-----------------------------|---------------|-------------------|
| Salted Fish Fried Rice 咸鱼炒饭    | (1229) S-RM12               | (1230) M-RM18 | (1231) L-RM24     |
| Pineapple Fried Rice 黄梨炒饭      | (1232) S-RM12               | (1233) M-RM18 | (1234) L-RM24     |
| Belacan Fried Rice 峇啦煎炒饭       | (1235) S-RM12               | (1236) M-RM18 | (1237) L-RM24     |
| Seafood Fried Rice 海鲜炒饭        | (1238) S-RM18               | (1239) M-RM28 | (1240) L-RM38     |
| White Rice 白饭                  | (1241) S-RM1                | (1242) L-RM2  | (1243) 1 POT-RM10 |
| Singapore Fried Mee Hoon 新加坡米粉 | (1244) S-RM12               | (1245) M-RM18 | (1246) L-RM24     |
| Hokkien Style Yee Mee 焗意面      | (1247) S-RM12               | (1248) M-RM18 | (1249) L-RM24     |
| Wa Tan Hor 滑蛋河                 | (1250) S-RM12               | (1251) M-RM18 | (1252) L-RM24     |
| Ginger Beef Kuay Teow 姜葱牛河     | (1253) S-RM16               | (1254) M-RM24 | (1255) L-RM32     |
| Sang Har Mee 生虾面               | (1256) RM88 (2-pax serving) |               |                   |
| Fried Chicken Wings 炸鸡翼        | (1257) RM18                 |               |                   |
| French Fries Basket 炸薯条        | (1258) RM9                  |               |                   |
| Chicken Nuggets 炸鸡块            | (1259) RM10                 |               |                   |
| Fried Fish Cake 炸鱼饼            | (1260) RM12                 |               |                   |
| Prawn Crackers 虾饼              | (1261) RM9                  |               |                   |



# beverage selection 饮料

## FRESH FRUIT JUICES 鲜果汁

|                  | ICE 冰饮   | W/O ICE 室温 |
|------------------|----------|------------|
| Orange 鲜果汁       | 801 RM10 | 802 RM12   |
| Watermelon 西瓜汁   | 803 RM10 | 804 RM12   |
| Honeydew 密瓜汁     | 805 RM10 | 806 RM12   |
| Carrot 萝卜        | 807 RM10 | 808 RM12   |
| Fresh Lime 青柠檬汁  | 809 RM10 | 810 RM12   |
| Pineapple 黄梨汁    | 811 RM10 | 812 RM12   |
| Mango 芒果汁        | 813 RM10 | 814 RM12   |
| Apple 苹果汁        | 815 RM10 | 816 RM12   |
| Fresh Coconut 椰子 | 817 RM12 |            |

## LOCAL BEVERAGES 冲泡饮料

|                     | HOT 热饮  | COLD 冷饮 |
|---------------------|---------|---------|
| Coffee O 黑咖啡        | 818 RM5 | 819 RM6 |
| Coffee 咖啡           | 820 RM5 | 821 RM6 |
| Teh Tarik 拉茶        | 822 RM5 | 823 RM6 |
| Teh O 红茶            | 824 RM5 | 825 RM6 |
| Nescafe O 雀巢黑咖啡     | 826 RM5 | 827 RM6 |
| Nescafe 雀巢咖啡        | 828 RM6 | 829 RM7 |
| Milo (choc malt) 美禄 | 830 RM6 | 831 RM7 |
| Lemon Tea 柠檬茶       | 832 RM6 | 833 RM7 |
| Milk 牛奶             | 834 RM5 | 835 RM6 |

## BREWED COFFEE 精品咖啡

|                           |    |
|---------------------------|----|
| 836 Grande Intenso 美式醇香咖啡 | 12 |
| 837 Caffè Latte 拿铁        | 14 |
| 838 Cappuccino 卡布奇诺       | 14 |
| 839 Espresso 意式浓缩咖啡       | 12 |
| 840 Mocha 摩卡              | 14 |

## SMOOTHIES 冰沙

|                            |    |
|----------------------------|----|
| 841 Mango 芒果               | 10 |
| 842 Coconut 椰子             | 10 |
| 843 Banana 香蕉              | 10 |
| 844 Matcha 抹茶              | 10 |
| 845 Oreo Ice Blended 奥利奥冰沙 | 12 |

## CHINESE TEA 中国茶饮

|                     |    |
|---------------------|----|
| 846 Ti Kuan Yin 铁观音 | 10 |
| 847 Green Tea 香片    | 10 |
| 848 Pu Er Tea 普洱    | 10 |
| 849 Oolong Tea 乌龙   | 10 |

## SOFT DRINKS 汽水

|                                     |   |
|-------------------------------------|---|
| 850 Coke 可乐                         | 4 |
| 851 Diet Coke 无糖可乐                  | 4 |
| 852 Sprite 雪碧                       | 4 |
| 853 100 Plus 100运动饮料                | 4 |
| 854 Tonic Water 通宁汽水                | 4 |
| 855 Soda Water 苏打水                  | 4 |
| 856 Bottled Water 500ml 瓶装水 (小)     | 2 |
| 857 Bottled Water 1.5 litre 瓶装水 (大) | 5 |
| 858 A Glass of Water 饮用水            | 1 |
| 859 A Bucket of Ice 冰块 (小桶)         | 5 |

## BEERS & SPIRITS 啤酒类

|                                |    |
|--------------------------------|----|
| 865 Carlsberg per can 嘉士伯      | 7  |
| 866 Tiger per can 虎牌           | 7  |
| 867 Chang Beer per can 泰象啤     | 8  |
| 868 Heineken per can 喜力        | 9  |
| 869 Guinness Stout per can 吉尼斯 | 10 |
| 870 Somersby per btl           | 16 |
| 871 Corona per btl 科罗娜         | 16 |
| 872 Hoegarden per btl          | 16 |
| 873 Gin per gls 杜松子酒           | 18 |
| 874 Tequila per gls 龙舌兰        | 18 |
| 875 Whiskey per gls 威士忌        | 18 |
| 876 Rum per gls 兰姆酒            | 18 |
| 877 Vodka per gls 伏特加          | 18 |
| 878 Brandy per gls 白兰地         | 18 |

|               |                |                 |
|---------------|----------------|-----------------|
| Red Wine 红酒   | 879 gls - RM25 | 880 btl - RM138 |
| White Wine 白酒 | 881 gls - RM25 | 882 btl - RM138 |

## CORKAGE 开瓶费

|                                   |    |
|-----------------------------------|----|
| 883 Beer per can 啤酒每罐             | 3  |
| 884 Liquor btl exclude mixer 色酒每瓶 | 50 |

## DESSERT 甜点

|                               |    |
|-------------------------------|----|
| 885 Chocolate Cake 巧克力蛋糕      | 12 |
| 886 Banana Split 香蕉船          | 18 |
| 887 Chocolate Sundae 巧克力圣代    | 13 |
| 888 Fruit Platter 水果拼盘        | 10 |
| 889 Ice Cream per scoop 冰淇淋每球 | 4  |